

Embrace the Opportunity to Partner With Jesus in Your Health

Recently on *Live Your Best Life with Liz Wright* on the Charisma Podcast Network, Dr. Johnnett Thatcher shares powerful truths on living a life of supernatural health. Her passion to see people holistically healthy in their body, soul and spirit was born out of her own story of redemption. Dr. Thatcher shares about the power of God's unconditional love flowing through our whole being and how we can partner with His truth to see fullness of health in our lives.

She has seen time and again that different sicknesses or diseases are rooted in a certain trauma or pain in a patient's life. She looks at the medical facts that they've come in with but then asks the question, "What is Jesus saying about this?" because we want to come into agreement with His word over us. Dr. Thatcher says, "If you sit down and create a prayer over yourself that the Lord is leading you in, then you can take back your health and start pouring the Holy Spirit into those areas of your body that need to change."

We're often so busy we don't take the time to stop and ask Jesus for His perspective, and so don't give ourselves the opportunity to partner with what He is saying over us. He is the great physician, and He can bring you the knowledge to minister yourself out of a reservoir that begins to fill up because you've turned inward and spent time with Him! We need to take the truths of the Word and apply them within us because what we say over ourselves is so important. From this place, we can start to envision ourselves well because as Proverbs 23:7 says, as a man "thinks in his heart, so is he." Rest in the liquid cascade of His love today, and listen to His truth over your body. {eoa}