

'Drugless Doctor' Unveils New Website

Like most married couples, Michelle and her husband wanted to become parents and raise a family. However, they were told they could never have children naturally. Through in vitro fertilization (IVF), they had one child, but that process wasn't the most ideal.

When they wanted to conceive again, Michelle was told she had polycystic ovary syndrome (PCOS). She tried IVF once more, had a miscarriage and was open for any solution. Her father had been a patient of mine and suggested she begin to see me. Through adjustments and nutrition recommendations, she was able to conceive without the need for medication or IVF. Wow!

Michelle's story mirrors thousands of other patients I served over 30-plus years who considered, as Michelle says, a drugless approach. With our new website, I know we will be able to reach thousands, if not millions, more!

As we were developing the new website, my team and I were throwing out names for the blog, and the word *refuge* kept popping up. At first I wasn't so sure, but after reading the definition of what a refuge is, I thought this describes the Drugless Doctor mission perfectly: *A place that provides shelter or protection.*

Today, there are infinite health-related websites, smartphone apps and television shows, and, while many of these provide accurate information, some do not, and others promote prescription drugs/medications resulting in multiple side effects that do more harm than good. I want you to think of the information via blog posts, articles, videos, etc., from Drugless Doctor as a refuge for your health and well-being. I also want your feedback to know what types of health

information are important to you so you can live life well, without the need for drugs.

Please spend time looking over our new website, . We are very proud of the new features, including:

- **New store:** Ease of finding products and checkout process.
- **Videos:** After watching one of the GTK's, the products I discuss are available to purchase.
- **Focus:** Our 2013 focus is "Know Your Numbers." Each month, look for a new health-related number.
- **Health 101:** A drugless encyclopedia for health conditions and information you can use at the grocery store.
- **Food:** What foods do I recommend? What foods should you limit or avoid? You can find the answers in this section.
- **Body:** A non-textbook guide for you to learn more about your body's systems.

If you are skeptical or are a firm believer in drugless principles, thank you for considering us on your health journey. We look forward to helping you!

Dr. Robert DeMaria is a catalyst for health and well-being. As owner of the Drugless Doctor brands, Dr. Bob's techniques have restored optimal health to thousands of patients without the need for prescription medication. His research and daily experiences can be seen throughout his seven books, including the best-seller Dr. Bob's Drugless Guide to Balancing Female Hormones. Dr. Bob has consulted for FedEx, VitaMix and other national brands and has appeared on multiple media portals, including ABC Family, TBN, Fox 8 Cleveland, and WFAN NYC.

An avid fan of social media, connect with Dr. Bob on Twitter @DruglessDoctor, and see what he's eating on Facebook

at Dr. Bob The Drugless Doctor.