

Drinking Deep From the New Wineskin of Divine Health and Healing

Back in 2012, I wrote a book that was titled *Receive Your Healing and Reclaim Your Health*. At that time, I had no idea about where God was going to take us with the message of health. The book was mostly about my own journey to have a healthy body. I didn't realize the impact that health would have on the current healing movement. In the past, we focused on the problem—sickness, rather than the answer—health.

This doesn't mean God isn't interested in healing, but His ultimate goal is what healing produces: a body that isn't sick, but healthy. We are realizing that God not only heals but desires that we walk in health (3 John 2).

I was speaking at a conference early in 2016 and was about to do ministry when the Holy Spirit said to me, "Stop agreeing with the sick." This caught me off guard. I thought, *I don't agree with the sick*. Then He said to me, "You ask the sick to stand up and invite them to come forward, then agree by laying hands on them as though they are not healed." He continued, "I want you to give them the truth that they are healed and that truth will make them free" (John 8:32).

He said the truth that they are healed is greater than the fact that they are sick. When they know that truth, that truth will make them free from sickness.

So this began to change how I looked at sickness. At my next conference, when it came time to minister, I gave a short teaching on the knowing of truth that makes us free. I told the people I was not going to agree that they were sick, I was going to agree with the truth that they were healed. I then declared, "If you know that truth, then stand up and you will

be made free by that truth.”

People started to stand up and realized as they stood that they were no longer sick. I then said, “In 2 John 4 we are encouraged to walk in truth, so I want you to walk down here and share the testimony of your healing.”

It was absolutely amazing as people shared how God healed them by the knowing of truth. I call this healing made easy. I didn’t have to lay hands on anyone; the truth simply made them free.

If we are to walk in truth, we can live in truth. The knowing of truth isn’t to make us free on a part-time basis, but a full-time basis. I began to realize that the entire healing work and movement pointed to one thing, a body that isn’t sick. Therefore, God’s ultimate goal isn’t healing, but what healing produces, a healthy body.

A healthy body is a body that walks in the fullness of redemption. If we are redeemed from the curse, why should we live under the curse? Health in a believer is simply the absence of sin and sickness in the body of Jesus. If Jesus is our head and we are His body, should there be anything of the enemy (sickness) in us? Then add the occupation of the Holy Spirit and His resurrection power to the mix. Is this not enough for us to walk in health?

When we walk in truth, we steward the power of the Holy Spirit to heal us. When we walk in health, we must steward our bodies with the provision God gives us in good food that keeps our armor strong to extinguish the fiery darts of sickness. We don’t expect our spirit to be healthy when we feed it with bad things that we read; neither should we expect our bodies to be healthy when we feed them with bad nutrition.

The Holy Spirit told me to stop messing with His body. He said to me, “If you keep eating bad things you are going to ruin My body. You only have one body and if you mess it up enough, we

will both be out.” He then reminded me of 1 Corinthians 6:20, where it says, “You were bought with a price. Therefore glorify God in your body and in your spirit, which are God’s.”

He tells us we are not our own, we were bought with a price. We have a responsibility to steward our body that is the body of Christ and belongs to Him. I began to realize that the greatest glory that goes to the Father is when we exhibit the greatest benefit of what Jesus bought for us on the Cross.

John 14:13, “I will do whatever you ask in My name, that the Father may be glorified in the Son.” The greatest glory that can go to the Father is when the fullness of redemption is in us and we have no sickness in His body.

I know what you are thinking, is it really possible for us to walk in health? We see so much sickness it causes us to not believe it is possible. But what does God say? And do we believe all things are possible with Him? Are we willing to go from where we are to where God wants us to be?

At conferences, I ask the people, “How many of you like being sick?” And no one raises their hand. Then I ask, “How many of you like to be in health?” And everyone raises their hand. This is because, through redemption, God created us to be in health. It is our divine nature to reject sickness from our bodies. Jesus gave us this capacity that we should walk in it.
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