

Dream With God

As a child, what did you dream about? You may have dreamed about leaping over buildings in a single bound and chasing down villains on your way to becoming a superhero. In comparison, others saw themselves putting out the ravaging fire or rescuing a kitten in a tree. Yet another individual sees himself as a driver transporting people where they need to go or as a race car driver screaming around the track and breaking world records. As children, we have an extraordinary capacity to dream. Our minds are filled with impossible feats. However, we quickly find ourselves asking if the dreams are utterly impossible or if they are a steppingstone into the God-ordained plans and purposes for your life.

The exciting thing about dreamers is that if they can learn to dream in alignment with God, mountains truly do move. Dreamers create new gadgets that impact our everyday lives. So what is happening in your headspace? *Psychology Today* tells us that about 70% of our mental chatter is negative. I was a bit shocked! What happened to the dreams and the promises of God over our lives? Where did the negative brain chatter begin to override the heaven-ordained mindset?

“Do not copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect” (Romans 12:2, NLT).

This Scripture tells me that if I do not copy the behaviors and customs of the world that:

- God will change me into a new person.
- God will change the way that I think.
- I will know God’s will for me.

What a fantastic promise that is from the kingdom of heaven!

Therefore, it is my responsibility to hold my thoughts captive and align them with God. God's responsibility is to change me into a new person, change my thought process and open me to hear and receive what He says over my life.

As God does this, He redefines me. As He redefines me, the pain of my past does not have the right to keep me from my future. I must understand that He has made me for more. I must come back into alignment to dream the impossible dreams God has placed within me and maybe even step into the reality of those dreams.

In my book, *Positioned: How to Be Aligned & Empowered to Walk In Your Divine Destiny*, I write, "He has fashioned and positioned you before you were even born to go beyond your fears, insecurities, bumps, bruises and hurts."

You are created to move beyond your fears, insecurities, bumps, bruises and hurts. You are made to move past the negative words spoken over you and even the negative chatter in your brain. Your brain is wired to hear the voice of your heavenly Father spurring you onward to victory. How do you get there? You begin to align your thoughts with His thoughts about you. As your thoughts come into alignment with the realm of heaven, you begin to dream again—not just any dream but His dream for you.

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Ruth Hendrickson is an avid unsweetened iced tea drinker who loves warm weather, palm trees and beaches. Needless to say, she believes she should live in the South. However, in the meantime, she and her husband, Mark, reside in Stockton, New Jersey.

Ruth is an ordained pastor, itinerant speaker, ministry

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