

Dr. Tim Clinton Says Men Must 'Take It Back'

For more than a year, as people across the globe deal with the reality of the COVID-19 pandemic, many men have been much more physically present with their families. A new reality of working from home and having children unable to attend school in-person has forced families into closer quarters than they may be used to. By necessity, many men are more dialed in than ever before.

In their new book, *Take It Back: Reclaiming Biblical Masculinity—The Heart and Strength of Being a Man*, Dr. Tim Clinton and Max Davis write that many men are facing an unprecedented need for leadership—at home, in their professions, through their churches and in crisis situations.

That leadership, Clinton says, begins with also being dialed in to God's call for men to reclaim their biblical manhood—and begin leading authentically again.

"Especially in these times in our world—situations we have never experienced—men today need to know where to get strength and empowerment for forgiveness and cleansing," Clinton states. "It's not online or at a ball game or even hanging with the guys. Sometimes you have to leave the crowd, get alone with God and cry out to Him until you find Him—and don't let go until your empowerment and transformation come. There's power in crying out.

"'Call upon me in the day of trouble,' declares the Lord. 'I will deliver you, and you shall glorify me,'" Clinton adds, as he points to Psalm 50:15. "'There's power in renewing your mind as well: 'Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and

acceptable and perfect' (Rom. 12:2). Being conformed to this world doesn't take effort. It just happens naturally. Renewing our minds with God, on the other hand, takes intentionality. It takes effort. When we are dialed in to Him, something supernatural takes place. We become transformed and experience the peace of God. This is what happened to King David of the Bible. He got back to the fundamentals with his God, got back in sync. He got dialed in. As a result, his whole countenance was transformed."

In *Take It Back*, Clinton, president of the American Association of Christian Counselors (AACC), challenges readers to reject the culture's redefinition and seek biblical examples of true manhood. Fast-paced, filled with relevant, biblical stories of godly men like David and Nehemiah, and contemporary stories of godly men like George Foreman and Tim Tebow, *Take It Back* empowers men to be who God created them to be and to impact the culture that is in desperate need of their influence. Study and discussion questions at the end of each chapter make *Take It Back* a perfect resource for men's Bible studies and small groups.

Dr. Tim Clinton, EdD, LPC, LMFT, is president of AACC, the largest and most diverse Christian counseling association in the world. Dr. Clinton also serves as co-host of *Dr. James Dobson's Family Talk*, heard on nearly 1400 radio outlets daily. Licensed as a professional counselor and as a marriage and family therapist, Dr. Clinton is recognized as a world leader in mental health and relationship issues and spends much of his time working with Christian leaders and professional athletes. He has authored or edited nearly 30 books. Dr. Clinton and his wife, Julie, have two children and a granddaughter.

Max Davis is the author of over 30 books that have been featured in *USA Today*, *Publisher's Weekly*, Bible Gateway and on the *Today* show and *The 700 Club*. He holds degrees in journalism and biblical studies. In addition to his own works,

he's done a variety of collaboration projects with highly notable leaders.

Take It Back was released on April 6 by Charisma House, which publishes books that challenge, encourage, teach and equip Christians. {eoa}

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