

Don't Miss Your Life!

✖ By Charlene Ann Baumbich | Howard Books | softcover | 272 pages | \$

Charlene Ann Baumbich, a women's speaker and author, writes warmly enthusiastic and humorously inspirational work. In *Don't Miss Your Life: An Uncommon Guide to Living With Freedom, Laughter, and Grace*, she puts her signature message on paper: Slow down, enjoy blessings and don't take things too seriously.

Baumbich encourages readers to build a "memory portfolio" to catalog celebrations and tragedies—both big and small—to avoid going through life on autopilot and then wondering later what happened.

Ripe with practical application and biblical insight, the book shares the author's own stories to help readers unpack theirs, though designated space for this in the book would have been a welcomed feature.

The chapters are succinct, making the book ideal for daily reading. Baumbich's writing style is more closely akin to speaking—her words are lively on the page—and although her use of italics, upper-case letters and exclamatory punctuation seems excessive, her enthusiasm is infectious. Women age 50 and older may find a kindred spirit here.

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