

Denzel Washington Warns, 'This Is Spiritual Warfare'

Actor Denzel Washington does not mince words when it comes to his faith in God. And in a recent interview with *The New York Times*, Washington reiterated that he is a "God-fearing man" while also warning people to not become too self-focused.

"This is spiritual warfare. So, I'm not looking at it from an earthly perspective," he said in the interview. "If you don't have a spiritual anchor you'll be easily blown by the wind, and you'll be led to depression."

As CBN News has reported, Washington gave his life to God early on but it took a few years for him to understand the weight of that decision.

"Three times ... I think we all go through that. I was filled with the Holy Ghost and it scared me," he said. "I didn't want to go this deep ... I want to party. It was a supernatural, once in this lifetime experience that I couldn't completely understand at the time."

Now, the 64-year-old actor lives out his tenets of faith daily.

"I'm a God-fearing man," he told *The New York Times*. "I try not to worry. Fear is contaminated faith."

Washington goes out of his way to help others and encourage them.

Actor Corey Hawkins, who plays opposite of Denzel in *The Tragedy of Macbeth*, told *The New York Times* the actor prays with him.

"Sometimes we get talking and you see the preacher in him," he said. "He's just a natural-born charismatic leader who is not

afraid to talk about his own faults or misgivings or shortcomings.”

Washington has become more outspoken about the pitfalls of social media.

During his American Film Institute Life Achievement Award acceptance speech, he warned against the “twitter-tweet meme-mean world that we’ve created for our children.”

“The least we can do is consider what we have done and think about the young people,” the two-time Academy Award-winning actor said.

He also recently shared Scripture encouraging people not to get too focused on social media.

“The Bible says in the last days—I don’t know if it’s the last days, it’s not my place to know—but it says we’ll be lovers of ourselves,” he said. “The No. 1 photograph today is a selfie, ‘Oh, me at the protest.’ ‘Me with the fire.’ ‘Follow me.’ ‘Listen to me.’”

“We’re living in a time where people are willing to do anything to get followed. What is the long- or short-term effect of too much information? It’s going fast, and it can be manipulated, obviously, in a myriad of ways. And people are led like sheep to slaughter,” Washington added.

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