

Christian Self-Help Author Rachel Hollis, Husband to Divorce

Author, podcaster and lifestyle expert Rachel Hollis has announced she and her author-husband, Dave Hollis, are divorcing. Rachel made the difficult announcement on social media.

Rachel has made many guest appearances on shows such as *The Rachael Ray Show*, *The Talk* and *Extra*. Her first book, *Girl, Wash Your Face*, is a No. 1 *New York Times*' bestseller and sold 1 million copies in only seven months, according to her publisher, Thomas Nelson. She followed its release with another bestseller, *Girl, Stop Apologizing: A Shame-Free Plan for Embracing and Achieving Your Goals*.

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Dave also wrote a leadership book, *Get Out of Your Own Way*, which released in March.

The couple has four children, and Rachel says she is reserving her energy to care for them at this difficult time for the family. {eo}