

Cardiologist Warns: Throw Out Your Probiotics Now

If you've ever experienced weight gain, the root cause might be something you'd never expect.

New research shows that over 50 million Americans are affected by a **bad bacteria** that can cause **fatigue, low energy, unwanted weight gain, and hormonal imbalance**—which can, in turn, cause you to crave junk foods.

Normally, your gut tells your brain when you are full. But when this bad bacteria is affecting you, it can disrupt the “brain/gut axis”—a phenomenon that Johns Hopkins University has researched.

If you have experienced **unwanted weight gain, low energy, tiredness during the day, sluggish thinking, achy joints or muscles**—chances are, the bad bacteria has taken over your brain/gut axis.

When the brain/gut axis is disrupted, it can take months to get it back to normal, and **simple things we eat everyday can make it worse.**

Click [HERE](#) to learn the at-home solution to combat weight gain, cravings, bloating, fatigue and foggy thinking.

P.S. This is something that affects 50 million Americans. If you have noticed any of the symptoms, it's even more important that you **watch the video right away.**

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