

Can Modern Couples Form a Healthy Christian Relationship?

There are many self-help books on the market that aim to help women understand men and improve their relationships, but there are not many books written for men who are seeking meaningful relationships.

Jermaine Hamwright's *Get the FACTS: 5 Secrets to a Healthy Christian Relationship from a Guy's-Eye View*, is a handbook for men who are trying to navigate their way through the dating world, while still maintaining their moral values and staying true to their faith.

Hamwright offers "straight-shooting advice for lasting love," teaching readers how to foster the essential qualities of love and honesty on a daily basis, as well as how to foster five other traits that are essential to a relationship: the traits that form the acronym .

Readers will learn how to "get the FACTS": Friendship, Affirmation, Communication, Trust, and Support. Some of the lessons that readers will learn from *Get the FACTS* include: how to find common ground in worship, using "tree trunk theory" to build trust, and fun date ideas to forge a stronger friendship.

Get the FACTS is perfect for individual study or for a Bible study. Hamwright aims to win readers over with his down-to-earth, accessible approach that makes his lessons easy to remember and easy to integrate into their daily lives.

Readers of *Get the FACTS* can learn how to form meaningful relationships based on mutual trust, healthy communication, friendship, and the ability to provide each other with

emotional and spiritual support. Healthy Christian relationships may sound like something impossible to attain in today's society, but with the help of Jermaine Hamwright, it has never been easier.

For more information, please visit