

Breaking Through the Barriers That Hold You back

Have you ever stopped to think about the power you give to whatever you believe? It's true. Once believed, a lie's power in your life will grow and grow until it becomes a tyranny.

Tyranny is a very strong word that describes an actual stronghold. It describes a process of thinking so oppressive and hopeless that those under its domain soon become depressed and disillusioned. Tyranny creates a bondage so far-reaching that its tentacles are felt in every area of life.

Does something have such a hold on you? If so, I want to radically interrupt your torment. I believe you can be free from the bondage of any tyrant that holds you captive—whether it's a lie you've believed about your appearance, fear, pride, unbelief, disobedience, addiction or something else.

Whatever holds you captive in the natural is rooted in the spiritual. It has grown from a seed, a word, a disapproving glance, a rejection, or a comparison. Each story is different, but God's truth remains steadfast and absolute. It is His deepest desire not only to set you free, but also to banish your deepest and darkest fears.

"You shall know the truth, and the truth shall set you free"
(John 8:32)

God wants to counteract the lies with His truth. He seeks to restore and reassign value to the precious, to discard the vile, and to breathe life, hope and direction where there has been discouragement, death and confusion.

In what area has the enemy established a stronghold to keep you captive? Are you ready to be free from this tyranny?

This week, ask the Holy Spirit to open your eyes to see, your ears to hear and your heart to understand the things He is speaking to you. Give Him permission to change your perspective, and ask for the grace to embrace truth so it can bring forth fruit in your life.

Lisa Bevere *originally wrote about this topic in her book It's Not How You Look, It's What You See. You can [click here](#) to learn more about that message.*