

Breaking the Barriers

 By Jason Frenn | FaithWords | hardcover | 256 pages | \$

Speaker and author Jason Frenn, a corporate sales representative-turned-evangelist, has witnessed many miracles. These were not necessarily of the extraordinary, earth-shaking variety, but mostly involved the simple miracle of people pursuing God and seeing their lives transformed. In observing such transformation, Frenn explains what led to the changes in these lives in his new book, *Breaking the Barriers: Overcoming Adversity and Reaching Your Greatest Potential*.

Three main pillars—the heart of the Father, the wisdom of the Son and the discipline of the Holy Spirit—Frenn explains, are essential in order to break barriers and overcome adversity. He also highlights the Christian discipline of prayer in overcoming life's challenges and speaks from his own personal experience in encouraging readers to rise above the trap of materialism.

Breaking the Barriers is a helpful book for readers pursuing a more productive and successful life that glorifies Christ and reaffirms the call on their lives.

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