

Best Way to Prevent Mass Shootings? Ex-Navy SEAL Has This One-Word Response

Veteran Navy SEAL Jimmy Graham delivered a one-word answer when asked to reveal the most powerful preventative deterrent to violent mass shootings like the one that unfolded this week in Uvalde, Texas.

“Jesus,” he said without missing a beat. He then expounded on his belief America has strayed from its biblical foundations.

“I would plead with people to return to the foundation that built this nation,” he said. “There are biblical foundations that built this nation. They’re proven to work, and we’ve chosen not to use them.”

Graham added, “There’s nothing wrong with the plan; we’ve just chosen not to do it.”

The ex-SEAL is the founder of Able Shepherd, a training program that equips people to protect churches, schools, and other institutions. He deals daily with the kinds of training needed to prepare people for dangerous situations.

Speaking of the horrific shooting at Robb Elementary School in Uvalde, which claimed the lives of 19 kids and two adults, Graham, a father of four, said he always struggles when he learns of such alarming scenarios.

Watch his comments about faith, culture, and equipping people for the unthinkable:

The shooting, though, brings to the forefront another issue deeply important to Graham: preparedness.

“People need to be trained,” he said, underscoring the

importance of ensuring teachers are equipped to deal with violent events. "Teaching has changed ... that's unfortunate. I hate that I need to say that ... there needs to be more trained individuals."

While Graham said not every educator should be trained with a gun, he explained that each person has a responsibility if and when such a horrific event occurs.

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