

Be a Winner This Year

by Barbara Wentroble

You have probably heard the definition of insanity. *Insanity means that you keep doing the same thing you have always done and expect different results!* At the beginning of this New Year, you have an opportunity to see positive changes rather than continuing to do things that fail to bring the desired results from your efforts. You can be a winner this year!

Winners are risk takers. Winners realize that life can only be fully enjoyed when they are free to take risks. No one can guarantee that they will not stumble or fall down. However, winners always get up and try again. A baby usually stumbles or falls a few times when he is learning to walk. When the baby is encouraged, he forgets the times he stumbled and is eager to not only walk but also to run!

I encourage you to break out of every place of insanity in your life! Stop doing the things you have always done that are keeping you from success. Be willing to take a risk. Let this be a year when you not only walk out of your present situation but also a year where you run into your future!

Have a very happy and prosperous New Year!

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