

Attitude Adjustment

✘ Attitudes affect our quality of life! A positive attitude will help us see circumstances of life from a different perspective. A positive attitude will keep failure and success in perspective.

Positive people refuse to use the words *failure*, *defeated* or *hopeless* in their vocabulary. Instead, they use the words *temporary setback*, *obstacles* or *challenges* when describing their negative situations.

Scottish minister Alexander Whyte was known for his positive prayers and sermons. His appearance in the pulpit was as impressive as his preaching! He is often remembered by his attitude on a gloomy Sunday morning. One of his congregants thought there was nothing positive he could say about that damp and gloomy day. Yet, he began the service by praying, "Thank you, God, for a brand new day – and that it is not always like this."

Your day may be damp and gloomy. Make an attitude adjustment. Be grateful for today. No matter how dark the day is – it is not always like this!