

Ask Yourself These 4 Powerful Questions When You Feel Like a Failure

Powerful questions can change your life! I attended a women's meeting at our church recently and the presenter gave us four powerful questions regarding our journey with the Lord so far.

I thought the questions were so good I want to share them with you.

Proverbs 1:5 says, "A wise man will hear and will increase learning, and a man of understanding will attain wise counsel."

Our experience can be one of our best teachers—provided we use what we learn to move forward, not to hold ourselves back.

Here are those questions:

1. Where have you changed?
2. What did you conquer that almost killed you?
3. With whom have you connected that caused you to soar?
4. What is the Lord preparing you for?

I suggest you take a moment to write down your answers.

Your own testimony about how far the Lord has brought you is a great encouragement.

Encourage yourself in the Lord so that you can finish your life's race well!

Be blessed in health, healing and wholeness. {eo}

Once 240 pounds and a size 22, Kimberly Taylor can testify of God's healing power to end binge eating. She is an author and the creator of the Christian weight-loss website . Visit today

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