

Are You Drifting?

Check your frustration levels.

Sometimes we all feel as though we are drifting through our work, our relationships and our spiritual walk. Some of us haven't recovered from the multiple impacts caused by COVID.

Things simply feel harder. Progress comes with more struggles, more effort and many more distractions. Some days, it just feels as though we are tied by a leash.

I recently finished reading Joseph Mattera's book *The Jesus Principles*, available here at a 50% discount. The principles Mattera shares are the principles Jesus used to unleash human potential.

Most of us work to live a life of influence. This book is written to unleash greatness in yourself, your home and your circle of influence.

The book grabbed my attention quickly with seven questions to help me consider whether I'm currently living a directed life or drifting aimlessly toward the latest shiny object.

I will share Mattera's questions over the next several days in this space. I hope you take this opportunity to consider your path.

The first question cuts straight to the heart of a drifter: *Are you experiencing continuous frustration?*

If we aren't pursuing God's specific path for our life, it's likely that we experience many frustrations throughout the day. God lets us know when we are drifting. He sends us several wake-up calls.

When we lose our passion and purpose, it's a good sign that our boat is adrift. We may feel increased anxiety with every

project we attempt and feel blocked by circumstances and feelings. We know the motions to go through and boxes to check. But motions and checkmarks don't satisfy the sense that God has more for us.

Frustration breeds more frustration. How can we influence others when we lack clarity of purpose?

The Jesus Principles will help you recover your focus and press in to God's call on your life.

Check back here tomorrow for help in ending the drift. Click [here](#) to purchase Joseph Mattera's book *The Jesus Principles*, on sale now for 50% off. {eoa}

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