

After You Learn About Spiritual Warfare, the Enemy Attacks

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**Note: This is the first of a two-part series.*

As your eyes are opened to spiritual warfare, you can feel a heaviness, and more intense warfare comes. The enemy puffs up and tries to intimidate you as you put on your armor. He raises his level of intimidation as you raise your sword and move into higher levels of faith.

If you've moved to a higher level and intense warfare begins, ask the Lord for a strategy. You see, if God has called you to this higher level, He will provide a strategy.

We are in a season when the old habits and patterns that used to work don't anymore. God calls His people to move, stand strong and contend for the faith.

We've recently finished a series on spiritual warfare and learning to break generational curses.

If you've walked through and learned how to do spiritual warfare and broken off the generational curses, you may have felt even more intense warfare coming at you.

A question people ask is this: Can you encourage us because after we do spiritual warfare, we feel heavy or more intense warfare comes?

Your eyes have been opened to the ability to do spiritual warfare, and for most of you, you now experience heaviness, more sensitivity to what is happening in the spiritual realm.

Why?

Anytime you pick up a sword, and you learn how to use it, then the enemy's going to confront it. You weren't confronting him at the level you were at before. The way Christie and I say it is this: higher levels, higher devils.

But at the same time, ask the Lord for a spiritual strategy if God calls you to a higher level. The strategy has to do with alignment and emotions.

3 Things to Do If You Are Getting Emotionally and Physically Attacked

1. Stand on God's Word

What Scriptures do you stand on if you are getting emotionally and physically hit when you do spiritual warfare?

So, if you go here, you'll see a clock that we've done. The Lord gave me a vision of that clock. And so, anytime you cycle through your day, your week or your season, it's really great to reset your clock.

So, the first place that I would start is Matthew 6:33, "Seek ye first the kingdom of God and His righteousness. and all of these things shall be added to you."

This means seeking first the kingdom of God comes with promises: all other things shall come on to you. It's about His righteousness. So you've got to make that choice. Just say, "I'm going to make a choice to seek first the kingdom of God. I'm going to seek His kingdom and ask this question, 'Lord, what is it that I need to do right? Am I doing something, not even necessarily wrong, but am I doing something that is not as productive as it could be?'"

I'm 67 years old. I'm at a place where I want to get more done

with less. And since I was 65, I've successfully figured out spiritual warfare and how to get more done with less.

Anytime I get a lot of pressure on something, and a lot of stuff starts going wrong—the little foxes appear and the wheels fall off—I don't take that as the Lord shutting a door. No, it's usually, if the enemy is attacking that direction I'm going, it's because I'm on the right path. And now the resistance becomes confirmation.

Here's how I operate...

Personally, I don't sit there and then keep hammering the warfare when I'm getting beat up and having problems. I don't do that. That's foolish. So I back off. And the first thing I do is reset my emotions. You can order our emotional healing book [here](#).

You need emotional intelligence because most of the time when I get off track, it is because my emotions don't line up with my plan—which is seeking first the Kingdom of God. I get angry, get impatient, or start to doubt whatever. I'm human.

I stop and say, "You know what? I'm not going to get impatient about that any longer." I go into my quiet place with the Lord, and I will say:

"Lord, search me and know me, for I desire truth in my inward parts. Lord, what is it that's in me or in my past or in my iniquitous structures, in my DNA that I need to be delivered of that makes me impatient about this situation or that person? That person does something, it just pushes my button, that type of person, that type of behavior."

Then the Lord will take me back and show me where there's a past trauma or a wound tied to that. And so that's where you need emotional intelligence. Ask the Lord to identify that spot and whatever it is, and then take it into the spiritual warfare courtroom, and you say, "Father God, I'm seeking first

the kingdom of God and Your righteousness. And Lord, I was not right. I was impatient. I was envious and jealousy. I cursed that person. I cursed myself. I cursed you. Forgive me.”

Whatever it is, just spill it out and say:

“Lord, I ask for forgiveness in the Courts of Heaven. By the blood of Jesus, I ask You to remove it far from me and this heaviness that has come against me. And Lord, after I put on the full armor of God, I take the fire, I take the shield of faith and the Word of God and I cancel impatience, and, Lord, I have the fruit of the Spirit, according to Galatian 5. I have peace. I have love, joy, long-suffering, temperance and kindness of which such there is no law. So the enemy cannot accuse me of this anymore because I’ve traded in my impatience for patience in Yeshua.”

This is a covenant act that God wants to do. And so I just stand on that covenant. That would be one of the things when it comes to the heaviness that comes. {eoa}

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