

A Word of Victory From Holy Spirit to Those Fighting Addiction

As I was praying for one of my coaching groups last week, God had a word for them. As I often do, I quickly wrote it down. I was reviewing it today and I realized this is not just a word for them, but for anyone who is dealing with addiction of any sort. God didn't even mention food.

Isn't that interesting? Food is what I always think of when I think of what I'm doing wrong, but it could be alcohol, drugs, cigarettes, money, illicit sex or unhealthy relationships.

Whatever happens on the outside of you, in your body, your physical nature is totally governed by you. When I lead you to change something, give something up that seems dear to you, it's because I not only have good plans for you. I have over-the-top greater than you can think or imagine. Abundance till it overflows. Abundance until it just keeps coming.

The only thing that can stop the flow of My abundance is what you choose to love more than Me. When you choose things you think you have to have, you are not putting me first. I must be first without a second in your life. I always give you a choice.

Remember it is your choice. Don't blame it on what your cravings. Don't blame it on our body that you think is giving up on you. No, it's not that your body is giving up on you. Your body only responds to what you tell it to do. Trace the causes, the roots. Go to the deep places you've been unwilling to visit for so many years

I am your Defender. I desire you get to the roots of what is going on, dig them up and throw them out. Cravings are very

physical, but you have allowed them to capture you. They exist because you love fulfilling them.

I love you, but I don't love what you run to instead of Me. I separate what you are doing from you, but you can't do it. You see yourself and what you crave as synonymous. But you are not what you crave or what you have craved.

You are soul and spirit. You are a beautiful being I have placed in a limited human container so you can work out your salvation with fear and trembling. However, you do not have to do it alone. Let Me help you.

All you have to do is listen to Me, then follow and obey. I will uplift you. You will not die when you give up those things you think you must have. You may scream. You may cry. How long has it been that you have allowed yourself to do that? How long, My daughter. How long, My son?

Come to Me. Let Me fill you with everything you need and you will never want for anything else. Never again. Surrender. Really desire to surrender. Completely surrender. Leave no closets closed from My entrance. Leave everything you think you've kept secret laid out for Me to cast into the depths of the sea. After that, I will pour my healing salve into the wounds you've carried for way too long.

Total surrender will bring total transformation. Total surrender will break the chains of addiction. Total surrender is the only way to freedom.

Fall on your face before Me. I will lift you up. I promise. I will lift you up.

Significance

Today I further realized the significance of 10-10-17. Ten means restoration, testing and responsibility, journey and divine order. Seventeen means victory, walk with God and

perfection of spiritual order.

This word is for the restoration of those being tested in how they are responsible on their journeys. It will result in victory for them as they walk with God. This will deepen their understanding of the perfect divine spiritual order.

This especially applies to them as they once again place God in His rightful place above the addictions they have participated in. When they let God be God, their lives will fall into place.

Why I Coach

Being able to share these kinds of words is one of the reasons I love coaching today. However, I never wanted to coach, even though I've had training as a life coach and inner-healing coach. I usually get the highest levels of credentials when I study anything. However, God called me to coach and so I was obedient to that call. When I began to help others on their journeys, I began to see that God wanted me in this position to share that what He did in my life can be a mirror of what He wants to do in the lives of others.

This is crazy funny to think of myself as a good example. I often say if you looked up "sugar addict" in the dictionary, my picture would be there. The example is that if He can deliver this 430-pound bag of sugar, He certainly can deliver you! {eo}

Teresa Shields Parker is the author of seven books, all available on Amazon. Her latest book, *Sweet Hunger: Developing an Appetite for God*, is available now, and *Sweet Grace: How I Lost 250 Pounds is the No. 1 Christian weight-loss memoir*. She is also a writing and weight-loss coach, blogger, speaker, wife and mother. Visit her online at [to find her books, coaching programs and free gifts](#).

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