

A Transgender's Regret: My Sex Change 'Fixed Nothing'

Former Olympian Bruce Jenner has been hailed a hero by some in the LGBT community for his recent sex-change surgery and name change to Caitlyn.

But one man who has changed sexes twice says that the transgender movement has left a trail of misery in its wake.

Author and speaker Walt Heyer has experienced sex-change regret first hand.

"The surgery fixed nothing—it only masked and exacerbated deeper psychological problems," Heyer wrote in a recent article on Public Discourse.

"If more people were aware of the dark and troubled history of sex-reassignment surgery, perhaps we wouldn't be so quick to push people toward it," he said.

Is sex-change surgery the answer to gender dysphoria? How should the church respond to transgenders?

"We need to be mindful that the church is a hospital for broken people. And as such, we need to be the people who administer assistance and guidance to those people who are suffering," Heyer said.

"We don't want to leave them where they are. We want them to be healed and find the source of Christ in their life so they can be restored the way I have been," he added.