

A Big Step to Building More Margin in Your Life

The last step to building more margin in your life is to do less and trust God more.

Why should you do that? Because God can do more in 20 minutes than you can do in 20 years.

Some of you have had some goals and dreams that you've been striving, seeking, working, hustling, hurrying for year after year after year, and you haven't achieved them yet. Why don't you just back off a little bit? Relax. Chill out. Trust God. Watch what He can do. He can do it a whole lot faster and a whole lot better than you can do it.

The only benefit of being stretched and being on overload is that it forces you to trust God. It brings you to your knees, and you realize you're up against the wall, out of steam, out of energy.

One time the apostle Paul hit burnout. He was in Asia, working and serving. And he was ready to throw in the towel!

He says in 2 Corinthians 1:8-9: *"For we would not, brothers, have you ignorant of our troubles which came to us in Asia. We were pressured beyond measure, above strength, so that we despaired even of life. We had the sentence of death in ourselves, so that we would not trust in ourselves, but in God who raises the dead"* (MEV).

God can do what you can't do. Jesus did not say, "If you're busy, you can move mountains." He didn't say, "If you work really hard and get really stressed out, you can move a mountain." He said that *if you have faith*, you can move mountains (Matt. 17:20). Faith, not busyness, is what gets the job done.

So what's your mountain? What's the problem in your life that needs moving? Stop doing so much! Do less, and trust God more.

Pray this prayer today:

"Father, I've lived without margin in my life for so long I can hardly remember what it's like to not feel fatigue or pressure all the time. I think fatigue is the normal way I'm supposed to live and feel, but it's not. I'm tired of being rushed and late and exhausted all the time. I've got too many irons in the fire, and I need your help to get out of the mess I've gotten myself into. Help me to recognize and accept my limitations. Help me to put some space in my schedule. I need breathing room and margin in my life. Jesus Christ, I know I can't do it all, and I need your wisdom in deciding what matters most and what I should do. I don't want to waste my life. Please give me the courage to say 'no' to the wrong things and 'yes' to the right things. Most of all, help me to trust you. Forgive me for thinking and acting as if everything depends on me. It doesn't. It all depends on you! I want to have greater faith in you and less reliance on myself. I want less stress and more margin in my life. In your name I pray. Amen." {eo}

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