

7 Steps to Freedom: Casting Out Demons

One of the main things Jesus did in His time on the earth was something He also commissioned every disciple to do and something we see the early church doing in the book of Acts. Yet in today's Christian landscape it's not often taught or talked about. This is why I decided to write my new book: to give people simple and practical steps to casting out demons.

Many people are hesitant to pray for someone who is demonized just because they don't know what to do or where to start. I did my best to keep these seven steps as simple as possible while also equipping you with everything you need to conduct a deliverance.

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Remember, deliverance sessions are often dynamic, meaning no two are ever the same, and things change quickly. The Holy Spirit is your guide, empowering you to adapt and respond as needed. Do not be dogmatic or ritualistic about the steps I give you; these just provide a baseline to get you started. Not every step is always required for someone to receive complete freedom. In fact, it is not these methods or steps that set people free but the power of the Holy Spirit and the authority of Christ. God is the one doing the work; He is the one doing the heavy lifting. We are privileged enough to play a part in this entire process.



To pre-order Isaiah Saldivar's new book, "How to Cast Out Demons," visit .

In every deliverance I do, I usually go through all seven of the outlined steps, but there are times when the Holy Spirit

does or says something different. When that happens, I follow His lead and go off-script. These steps are designed for individual ministry but also work when praying at the altar for people; you just may not have the time to be as thorough. If the difference confuses you, let me explain.

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Deliverance Environments and a Few Ground Rules

I divide deliverance ministry into two categories: altar deliverance and personal deliverance. Altar deliverance is more of a power encounter and less strategic than personal deliverance. With altar deliverance, let's say you're on the altar prayer team, and the pastor calls up anyone who needs prayer for deliverance. Someone comes up and as you pray, the demon begins to manifest. At this point it's just you and them. You don't have a team with you, you don't have 45 minutes to talk to them prior and you don't have time to go through all the steps. It's just a few minutes of deliverance prayer. In that case, I would start by commanding the demons out in Jesus' name and not worry so much about doing all the steps in order.

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