

68 Words That Can Change Your Marriage

When an athlete trains, he pours himself into repetitive practice—the baseball player with hours of batting practice, the runner with lap after lap, the golfer with his swing. Repetition brings transformation. The same can be said for transforming our marriages.

Challenge yourself to pray “The Marriage Prayer” daily—68 words that capture the essence of what the Bible says about marriage. I know men who already pray this prayer daily that are seeing a surprising change in themselves. Here it is:

“Father, I said, ‘Till death do us part.’ I want to mean it. Help me love You more than her, and her more than anyone or anything else. Help me bring her into Your presence today. Make us one, like You are three-in-one. I want to hear her, cherish her and serve her—so she will love You more and we can bring You glory. Amen.”

You can get a free copy of The Marriage Prayer (men’s and women’s versions both available) at [.](#)

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