

6 Ways to Combat the Spirit of Hatred

Has someone betrayed or devastatingly hurt you? It's easy to hate, but God will give you the strength to forgive and love. We are commanded to pray for our enemies and those who hurt us. Through Jesus, you can overcome dealing with hate. If Jesus loved his enemies, so can we.

If you feel hate, follow these steps for your breakthrough.

- Repent and cry out to God for help. God is a very present help in trouble (Ps. 46:1), and He will deliver you. You must guard your heart (Prov. 4:23).

- Choose to forgive. There is no limit on how much you are supposed to forgive others. Forgive because God forgives you when you mess up (Col. 3:13).

- Pray for the person. God will give you the strength to pray for your enemies even though your flesh wants them to suffer because you are hurting (Matt. 5:44).

- Sow or support them. The best way to silence the enemy is to treat others the way you want to be treated. When we bless our enemies, we are reaping hot coals on his head (Rom. 12:20).

- Choose to love. Allow God's love to flow through you to bring healing, restoration and deliverance to your enemy. Love conquers all, and God's conviction can flow greatly as you show your enemies kindness (1 Cor. 13:7).

- Find out the root source of the hatred. As you are finger-pointing and blaming others, God can work on you and show you your shortcomings. The root of hatred could be jealousy, fear or insecurity. God can set you free from these things (Matt. 15:13).

God is so merciful, and He doesn't want any of us to perish. The Holy Spirit will warn us to keep us on track. For more on overcoming the spirit of hatred, listen to *Overcomers* on the Charisma Podcast Network. {eo}

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