

6 Supernatural Benefits of Praying in Tongues

I have great news for you today: God has given you an amazing, supernatural, empowering, life-altering gift that you don't want to live another moment without. This powerful gift is a game-changer on every level. What is it, you ask? It's praying in tongues!

I get so excited when talking about praying in tongues! It changed my life and it can change yours too—for the better. I want you to know about this wonderful gift of power from God and get excited about it. You do *not* want to go another day without these supernatural benefits. Here are six ways that praying in tongues can benefit you:

- **Equips you with power.** When Jesus appeared to His disciples after He was risen from the tomb, the main thing He wanted them to know about was the baptism of the Holy Spirit. He said, "I am sending the promise of My Father upon you. But wait in the city of Jerusalem until you are clothed with power from on high" (Luke 24:49). That same power is available to all believers today! If there's anything you and I need in these last days, it's God's power, equipping us for every challenge.
- **Reveals things to you.** The Holy Spirit's main ministry to us as believers is revelation, *revealing* God's will to us. Paul said, "Eye has not seen, nor ear heard, nor has it entered into the heart of man the things which God has prepared for those who love Him. But God has revealed them to us by His Spirit" (1 Cor. 2:9-10). We can know what God has prepared for us by praying in the Spirit.
- **Charges you up.** Jude 20 says we can "build ourselves up"

by praying in the Spirit, and 1 Corinthians 14:4a says, "He who speaks in an unknown tongue edifies himself." It's like recharging your cell phone when it runs out of juice. We all know what it feels like to run out of juice. We get tired and run down, physically, mentally, emotionally and spiritually. Thank God we can recharge and tap into all of His power, strength, peace, joy and rest by praying in other tongues.

- **Gives you a hotline to God.** When you pray in tongues, no one understands it except God. You're talking right to Him; nothing is intercepting or scrambling the conversation. First Corinthians 14:2 says, "For he who speaks in an unknown tongue does not speak to men, but to God. For no one understands him, although in the spirit, he speaks mysteries." The future is a mystery to us, right? But when you pray in tongues, you're talking right to God, and *He knows the future*. When we pray in tongues, we're praying out the future, so that by the time we get there, many things have already been set up for us.
- **Helps you pray when you're stumped.** Romans 8:26a says, "Likewise, the Spirit helps us in our weaknesses, for we do not know what to pray for as we ought, but the Spirit Himself intercedes for us." Have you ever been in a situation where you didn't know what to pray? You and I have limited knowledge about what's going on all around us, in the spirit realm or in the future. But the Holy Spirit has all knowledge about it. When we pray in the Spirit, we're letting Him pray for the perfect outcome of any situation.
- **Makes you bold.** In Acts 1:8, Jesus said, "You shall receive power when the Holy Spirit comes upon you. And you shall be My witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth." I used to be less than bold when it came to witnessing; I did *not*

have the power to be a witness, neither in Jerusalem nor in all Judea and Samaria—or even in my neighborhood grocery store! But since I’ve fostered a habit of praying in the tongues, it’s taken the “chicken” out of me, and I’ve gotten much bolder. The compassion of Jesus rises up in me, and I no longer care what anyone of thinks. I’m able to be a bold witness for Him. You can too! {eoa}

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This article originally appeared at .

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