

# 46 Days Before Easter: 'It Is a Time for Repentance and Fasting'

Today, many Christians will celebrate Ash Wednesday and the beginning of the season of Lent, what charismatic Christian preacher and author Jamie Buckingham calls "a wonderful season of walking with God and a fresh commitment to Jesus Christ."

The ashes many receive on their foreheads today are a symbol of repentance, humility, fasting and prayer.

In this video, Buckingham details the significance of the season of Lent from the Western Wall in Jerusalem:{eoa}