

4 Keys to Finding Supernatural Peace

Jesus' words are clear, *"These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world"* (John 16:33, NASB). He speaks this way so that we can prepare for difficult times that will come to all of us.

Now, let's be clear on one thing, God isn't the author of difficult times, but because we live in a fallen world He gives us spiritual advice on how to overcome when we pass through these challenges.

First of all, He says, *"In Me you may have peace."* And again in John 14:27 He reassures us with these words, *"Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid."* Jesus offers us peace that is not of this world, in fact it is found outside of this world. It is found within the bounds of an intimate relationship with Him.

How can you enter into this peace with Him?

1. The first step to having this peace is to be born again. He says to Nicodemus in John 3:3, *"Verily, verily, I say unto thee, Except a man be born again, he cannot see the kingdom of God"* (KJV). This man was a ruler of the Jews, a man of the Pharisees. he was a highly respected individual in his community, yet something was missing in his life. A relationship with religion cannot bring true joy or peace, this can only come from intimate fellowship with Jesus Christ. Without being born again you cannot find God, you cannot enter into His ways either. His way is peace. And you can't find His way through the world.

2. Be baptized with the Holy Spirit, pray in tongues so that we can edify, build up our spiritual being. See 1 Corinthians 14:4.
3. You can exchange your negative thoughts for His positive ones when you renew your mind with the Word of God. *"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God"* (Rom. 12:2, NKJV).
4. Let's take this a step further, He tells us to be of good cheer and not to let our heart be troubled or full of fear. How can we accomplish this? The main way is to choose what we think about. He says in Philippians 4:8, *"Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things."*

When we honestly make an effort to do these things, He promises us in Philippians 4:9, *"The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you."*

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