

4 Keys for Parents to Protect Their Kids From Porn

We have been saying for years that porn is immoral. But even those who don't agree with us on that have got to face the reality that porn is destructive. It harms our perception of sex, our deepest relationships and, as more research is now showing, our libidos.

20-Year-Olds and E.D.

This week's *TIME* magazine contained a detailed article written by Belinda Luscombe called "*Porn and the Threat to Virility.*" In it, she documents ugly new disorders like ., Porn Induced Erectile Dysfunction. This is now more and more common in young, healthy men who cannot get aroused by a real person anymore because their brain has been so over-stimulated by porn.

**You can't access the article on TIME's website unless you are a subscriber, but my friend Aaron Hanbury of Relevant magazine has beautifully summarized it's content and the implications for your kids. You can read his article, "Porn Addiction Is Now Threatening an Entire Generation."*

Young Women Learning That Sex is Man-Focused

Then you have the horrible findings of best-selling author Peggy Orenstein in her new book, *Girls and Sex*. She talked to nearly a hundred girls in their teens and early 20s to determine how this next generation of young women were approaching sex. Because of the prevalence of porn-use among their boyfriends, these girls had come to see sex as a guy-focused experience. As long as the guy was pleased (often via oral sex, the new 3rd base), these girls felt like they were having a positive sexual experience.

**Note that I am not taking a stand on the moral and biblical perspective of sex here. I do that in many other posts here at INFO. What I want to point out about Orenstein's findings is that the pornification of our young people has trained an entire generation of women to think sex is for men. While the prude mothers of our parents' generation did that for us, now we have explicit porn giving us the exact same result.*

This is dangerous stuff that will impact our kids' future marriages. I write about this in *The Talks*:

Imagine a young man who learns to gratify himself via explicit images at 14. He makes a normal habit of this for 10 or 12 years. He learns, through experience, that sexual satisfaction requires nothing of him. The girl is always interested. She is always "in the mood." He can find immediate satisfaction whenever he wants. Sex is easy.

Then, imagine this young man entering a covenant marriage relationship. He soon discovers that the girl requires something of him. For intimacy to happen, there must be time, love, attention, romance and an investment into the relationship. It's more work than he has ever had to do before. Once the honeymoon is over, he may decide that it's just not worth the effort. He has developed a 10-year tendency toward sexual laziness that is incredibly hard to overcome.



*Adapted from , a ministry founded by **Barrett and Jenifer Johnson**. After serving in the local church for 25 years, Barrett and Jenifer launched INFO for Families as a ministry designed to encourage people through speaking, personal coaching and resource development. Barrett served for 15 years in youth ministry before serving for eight years as the Family Minister at Johnson Ferry Baptist Church in Atlanta, one of the largest churches in the South. He has degrees from Texas A&M University and Southwestern Seminary, but he and Jenifer*

have received their best education through the no-holds-barred nature of everyday family life.