

4 Key Roadblocks to Healing and Deliverance

Many people in the world are trapped and wounded and believe they are helpless. We were once among that group. By the grace of God, we were given a revelation of significant keys of the Kingdom that enabled first us and then many others to receive God's restorative healing, deliverance and freedom. Our book reveals the keys needed to unlock the chains that bind our lives and block and hinder our Christian growth. These keys are the revelation of how to minister to four problem areas that are in all of our lives and the importance of ministering to all of these problem areas simultaneously. When we minister to (1) sins of the fathers and resulting curses, (2) ungodly beliefs, (3) soul/spirit hurts and (4) demonic oppression as a unit, we call this an integrated approach to biblical healing ministry.

God has shown us that each of these four areas is connected to and strengthened by each of the other three. If we ignore any one of these problem areas when we are ministering to someone, we leave an open door for the enemy to undermine the entire healing process.

Four Problem Areas

Let's take a brief look at these four problem areas:

1. Sins of the fathers and resulting curses (S0FCs)

This problem area is rooted in the second commandment (Ex. 20:3–6), in which the sin of idolatry results in the curse of "visiting the iniquity of the fathers upon the children unto the third and fourth generation" (KJ21). In order to get free of this curse, God provides a pattern of confession that we can follow, first mentioned in Lev. 26:40. We confess our ancestors' sin as well as our own sin (1 John 1:9), forgive as

needed (Matt. 6:14–15), appropriate Christ's finished work on the cross to break curses (Gal. 3:13), and recover the "legal ground" from the enemy (Col. 2:14).

2. Ungodly beliefs (UGBs)

Our minds are full of untruths and half-truths inherited from our ancestors (i.e., our parents, grandparents) and formed from the hurtful circumstances and experiences of our own lives. These ungodly beliefs need to be changed into godly beliefs (Rom. 12:2). This is accomplished through a carefully structured procedure of repentance for believing lies, renouncing those lies, and receiving God's truth to renew our minds. This procedure also recovers "legal ground" as we break our agreements with demons.

3. Soul/spirit hurts (SSHs)

Jesus came to heal the brokenhearted (Luke 4:18). As we "wait upon the Lord" with "listening prayer," He is eager to come and heal the hurts of our soul and spirit. He does this by showing us the original causes of our hurts. Then, after we take care of necessary forgiveness, releasing and renouncing, He heals what He has revealed. All "legal ground" given to the enemy from our sinful responses to the hurts, as well as the inherited legal ground, is recovered as a part of the ministry.

4. Demonic oppression (DO)

After ministering to the above three problem areas, it is now relatively easy to disassemble and destroy the demonic oppression structures (Mark 16:17) and eliminate them from our lives, since they have lost their "legal ground." It is a delight to help others gain this freedom.

Completing the Restoring the Foundations integrated approach to biblical healing ministry in these four problem areas brings integrated healing into our lives. This can be a major

life-changing occurrence. We experience the transforming power of God's grace as His purpose is accomplished, and we are conformed more and more into the image of His dear Son, Jesus the Christ. This further opens the door for intimate fellowship with God and His empowerment, making it possible for us to live the "overcoming" Christian life.

Chester and Betsy Kylstra are co-authors of *Biblical Healing and Deliverance*, from which this article is adapted.