

# 2 Words of Wisdom for When You Feel Shattered and Shut Down

“All of us have had dreams and ambitions and aspirations ... but along the way, somebody shut you down. “

Author, speaker and Bible teacher Linda Fields has two words for you: “Permission granted.” Watch as she shares the key to renouncing those negative messages and moving into the perfect plan God has for you. {eoa}

**Linda Fields** went from a preacher's daughter wearing hand-me-downs to a savvy coach giving people a hand up in life and business. Fields is the founder and CEO of 7M-pact and a coach to leaders and world changers. Connect with her at her website, ; follow her on Facebook and Twitter; and check out her podcast, “The Linda Fields Show,” at .