

15 Tips So You Won't Be a Thanksgiving Turkey

This year, we will be once again saturated with Christmas shopping commercials as we join our families for the annual Thanksgiving feast.

Don't let these money-grabbing turkeys turn you into the Christmas goose:

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1. **Don't forget to be thankful at Thanksgiving.** People who are grateful for their blessings are more likely to get more.

2. **Thanksgiving is not about eating yourself into a food coma and sleeping through football games.** Find something wise and healthy to do with your family.

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3. **You do not have to spend money to have fun.** Card games, dominoes and board games can all entertain the whole family at no cost.

4. **Christmas shopping is a necessary evil in our society.** However, you should make time for it on your schedule, not at midnight on Thanksgiving Day.

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