

10 out of 10 People Have Struggled With Fear—Here's How to Overcome It

Fear has a way of keeping us stuck in a life of mediocrity. We were never intended to live a life of mediocrity.

Got Dreams?

Have you ever wanted to start a business, write a book, plant a church, travel the world or even start a non-profit? We all have dreams and desires, but the sad reality is that very few of us will actually grab the bull by the horns and go for it.

For some reason we allow fear to get in the way of us embracing a life of extraordinary meaning. We allow fear to control the way we live our daily lives. We allow fear to set the tone for the story we are currently writing for ourselves.

Maybe it's the fear of failure, the opinions of others or even the fear of yourself. Regardless of where your fear comes from, its goal is to keep you from being brave and successfully accomplishing the goals you have set before you.

Fear Is A Liar!

When I was 6 years old I was afraid of ghosts; at 16 I was afraid of not fitting in; and at almost 30, I'm afraid of failing as a husband and father. Fear is a liar, and we must realize this truth if we ever want to come into our true potential.

If you want to accomplish great things, you must stop listening to the lies that you're not good enough, strong enough or smart enough. You can do anything you put your mind to.

*“Regardless of what you want to do or who you are, fear will always see you as wholly unqualified for anything you ever dream or attempt.” – **Jon Acuff***

No matter what your goals are, don't let fear get in the way of your God-given destiny. Your fear doesn't define who you are, but how you respond to it does. Choose to be brave. {eoa}

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