

Gotta Have It!



Gregory L. Jantz with Ann McMurray | David C. Cook

Author and founder of A Place of Hope Counseling Center, Gregory L. Jantz offers a way to freedom from the “excessities” of life, whether food, alcohol, exercise or any other stronghold used to cushion life’s blows, in *Gotta Have It! Freedom From Wanting Everything Right Here, Right Now*. He argues that often what is considered a necessity isn’t a necessity at all, and it inevitably crowds out those things that are, cheating individuals of a free and full life.

Helping readers understand what is a necessity and what is a desire, he offers them opportunity to genuinely question their motives and the whys and wherefores of the not-so-healthy things that have crept into their lives. Through questions, application exercises as well as testimonies of his patients, he sheds light on how to break free God’s way to a life of abundance, patience, endurance, wisdom and hope.

This book is helpful for anyone who is ready to take honest inventory of his or her life and with the help of God, truly live.

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