

Fit for the Right Reasons

☒ God created us to be purpose driven. In other words, our natural inclination is to operate with an intent—a motive, so to speak.

The Bible gives us a number of examples of men and women who did extraordinary things (whether for good or evil) in order to fulfill a purpose or reach a goal. Jacob, for instance, worked 14 years for the deceitful Laban in order to marry the woman of his dreams (see Gen. 29). He had a motive (espousing the lovely Rachel), which served to motivate him to work an extra seven years to accomplish his objective.

Lord, What's My Purpose?

Many Christians believe that if they are not at the forefront of ministry, preaching, teaching or standing before a crowd leading worship, their gifts are somehow less important. How untrue. Your contribution to the body of Christ is not based on your status in church. God has uniquely designed each of us to work for Him. We all have a job to do for the kingdom, but we must know our purpose and walk in it. To join a discussion about destiny, purpose and doing God's will, listen to this podcast.

Detoxing Made Easy

✘ Linda Page, author of the book *Detoxification*, explains why there is a need to help your body detoxify itself: “The environmental toxins of modern-day life that we’re exposed to—the pollutants, chemicals, other synthetic substances—are more than the average body can handle. The body doesn’t know what to do with foreign substances, so it will store them outside of the regular elimination system, so we don’t get poisoned. Those poisons start building up in our body fat.”

Her weekend detox program involves drinking fruit juice—a whole lot of juice and little else—which, according to her, pushes these toxins out of your system.

Detoxing Made Easy

✘ Linda Page, author of the book *Detoxification*, explains why there is a need to help your body detoxify itself: “The environmental toxins of modern-day life that we’re exposed to—the pollutants, chemicals, other synthetic substances—are more than the average body can handle. The body doesn’t know what to do with foreign substances, so it will store them outside of the regular elimination system, so we don’t get poisoned. Those poisons start building up in our body fat.”

Her weekend detox program involves drinking fruit juice—a whole lot of juice and little else—which, according to her, pushes these toxins out of your system.

Iranian Pastors Risk Lives for Training

☒ If the Iranian government knew Christians were learning how to grow a church in the middle of their Muslim nation, the converts could lose their freedom—or worse, their lives.

But that hasn't stopped pastors with the underground church in Iran from secretly attending classroom sessions led by Dave Anderson, a founder and longtime trainer for EQUIP, the organization led by Christian leadership guru John Maxwell.

Iranian Pastors Risk Lives for Training

☒ If the Iranian government knew Christians were learning how to grow a church in the middle of their Muslim nation, the converts could lose their freedom—or worse, their lives.

But that hasn't stopped pastors with the underground church in Iran from secretly attending classroom sessions led by Dave Anderson, a founder and longtime trainer for EQUIP, the organization led by Christian leadership guru John Maxwell.

The Sea of Galilee

The Sea of Galilee is one of the most popular tourists spots in Israel. Yeshua stood on its shores—and sometimes on the sea—and performed many miracles. He saw Peter and Andrew casting their net into the water and said, “‘Follow Me, and I will make you fishers of men'” (Matt. 4:19, NKJV); He walked on water (see Matt. 14:22-33), and fed more than 5,000 people with five fish and two loaves of bread (see Matt. 14:13-21). To learn how to cast your net in this ancient sea, click below to watch the video.

Organizations Offer Help and Hope in the Holy Land

✘ It's easy for a Hollywood celebrity to stand next to a starving child, stare into a video camera and remind us that children are our future. It's much more difficult to nourish that child—on a regular basis—with enough food, clothing and education to help him grow up and truly shape the future.

The same principle applies to caring for widows, immigrants, the impoverished and other people groups who, for various reasons, need assistance for a better life. In Israel, dozens of organizations have been birthed specifically to reach this swelling segment of the Jewish population. Amid the politics of the most contested land in human history, the following five humanitarian aid organizations have dedicated themselves to being a consistent presence in the Holy Land to shape a brighter tomorrow for the next generation of Jews.

Longing for Intimacy?

Nothing can replace the longing we have for intimacy with Christ. And the moment we attempt to substitute our relationship with religion, we feel distant from Him. Don't allow anything to keep you from knowing Jesus. Pray and read your Bible, but seek to go deeper than that. Ask Him to affirm in your heart that you belong to Him. Watch the video below.

Being Good Enough

When God shows up center stage in our lives and directs us through the difficult times, we mistakenly think that being a "good" Christian is what prompts Him to act. That's not true. Our righteousness is like stain-covered rags. His unconditional love and our acceptance of His Son compel the Father to take up permanent residence in our lives. Stop struggling with being good enough for God. Watch the video below.