

# Marilyn Hickey: Safeguard Your Health During Stressful Times

During stressful times, it's important to put the Word of God into our minds and properly care for our bodies. Dr. Bob DeMaria joins Marilyn and Sarah to share wisdom on how to safeguard our health.

By making good choices in your daily diet and avoiding sugar, you can improve your health: spirit, soul and body. Dr. Bob's books *Guide to Optimal Health* and *1 Minute a Day to a Healthier You* will teach you what foods to avoid and how a proper diet can create optimal mental, physical, and emotional health.

When you're in the midst of an emergency, how do you know what to pray? You *can* win in an emergency and get God's help in your time of need. Deborah Smith Pegues talks with Marilyn and explains that by the grace of God, you can get financial direction, wisdom, and guidance with decisions.

When in crisis, lessons from Scripture can help you to gain perspective. Her book, *Emergency Prayers: God's Help in Your Time of Need*, is a 9-1-1 for life's many circumstances and needs. Brief, immediate, and heartfelt, emergency prayers bring God's Word to the forefront and help you to gain control of an emergency situation.

God never creates anything without purpose, and you are not an accident. Today, people are frustrated, suicidal and unfilled because of a lack of purpose. But when you are busy with God's purposes, you will be fulfilled and satisfied. Guillermo Maldonado's book, *Created for Purpose*, explains that we must be anointed to fulfill our purpose in life and be supernaturally empowered with divine ability to do the

impossible.

God has ordained for you to live in time and have seasons while on earth. But you will not enter your season—a time of supernatural favor—without knowing God’s purpose for your life. {eoa}

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# How You Can Prepare and Strengthen Yourself for Spiritual Battle

*Note: This is the first of a two-part article.*

We love God because He first loved us. As lovers of Jesus, we courageously face hardship and opposition that others may know Him. That is our commission and mandate.

We recognize, that before Christ we “used to live in sin, just like the rest of the world, obeying the devil—the commander of the powers in the unseen world. He is the spirit at work in the hearts of those who refuse to obey God” (Eph. 2:2, NLT).

We understand that deception covers those who do not know Jesus, and our aim as His followers is to help liberate them from darkness.

We recognize that we are not fighting against those who do not know Jesus or against each other, but against unseen forces. Love must anchor and guide us always. We wage spiritual war as

a lover of God and of others, resting in the finished work of Christ. The church is a glorious bride and a holy army, prepared for spiritual battle. We live ready, for the stakes are high: the liberation of souls.

In this two-part article, I will discuss being prepared and strengthened for the spiritual warfare that we experience. It is unavoidable.

To give you an example of the sway demonic powers have over those who don't believe, CNN host Don Lemon made a heretical statement last Monday evening, "Jesus Christ, if that's who you believe in, Jesus Christ, admittedly was not perfect when he was here on this earth," Lemon told his colleague Chris Cuomo during *CNN Tonight with Don Lemon* on Monday.

No, Jesus was the spotless, sinless, Son of God—God with us in human flesh—perfect in every way.

Sure, unbelievers make statements like this often, but Lemon has an international audience of millions. The enemy uses people with influence to cast doubt about Jesus and His divinity and hold humanity in unbelief and darkness. We love and pray for Lemon; we recognize he is blinded by darkness and pray he would encounter Jesus and experience His love and salvation.

I'll begin with Paul's admonition to the Ephesians, "A final word: Be strong in the Lord and in his mighty power. Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places" (Eph. 6:10-12).

Paul uses the imagery of a disciplined Roman soldier for the church to understand how we are to be engaged in the spiritual realms. Paul understood a Roman soldier's preparation,

intensity and equipment.

Paul is casting a vision to the Ephesian church of the battle they (we) are engaged in. The Holy Spirit instructs all believers to put on the armor of God, to not only prepare for battle, but to advance the kingdom.

The success of the Roman Empire was the reflection of the Roman military and the discipline of its army. Paul lived during a time known as the *Pax Romana* or Roman Peace. The peace was the result of Roman military might, which established the boundaries of the Empire.

Rome started out as a city-state, in 753 B.C. Rome became a republic by 509 B.C, as its farmer-soldiers had conquered cities and territories outside of Rome. Rome became an empire in 27 B.C until A.D. 476.

Rome eventually controlled the Mediterranean, which led to the conquest of Judea in 64 B.C. Rome expected a great deal out of her army. Along with fitness, the Roman soldier trained to use his weapons and armor in combat—often training from 6:00 a.m. until midnight. Before battles they would spend weeks training, getting ready for the war.

Paul, who sees himself and believers as God's warriors fighting against demonic realms, commands the church to be strong in the Lord and wage effective warfare.

"Finally my brethren, be strong in the Lord, and in the power of His might" (Eph. 6:10, NKJV). This phrase could be translated, "Strengthen yourself in the Lord." (I shared extensively on this passage two weeks ago, *Strengthen Yourself in the Lord, Part 4*)

Paul, by using the phrase, "Finally my brethren," is concluding his message to the church at Ephesus. The letter to Ephesus is divided into two parts.

In the first part (Chapters 1-3), Paul instructs the church where they stand in Christ. In the second part (Chapters 4-6), Paul instructs the saints how to apply their position in Christ. They are not to be passive believers; they are to walk in the spirit (Eph. 4:1). Our walk is based on the presence of God's Spirit, who dwells in us, because of our conversion (Part 1). Therefore, we are to imitators of God (Eph. 5:1).

The Christian faith is established upon our love for and intimacy with Jesus. But it also requires action for growth and training. Paul exhorts the Ephesian saints, and us today, to "walk in love," "walk as children of light" and to "walk circumspectly." To be strong means to walk, move forward in faith—established in the Lord's strength. {eoa}

**Bob Sawvelle** is the founding and senior leader of Passion Church in Tucson, Arizona. Passion Church is a vibrant, kingdom-minded church in the heart of Tucson that values God's love and presence. He is a doctor of ministry, doctoral mentor for the Randy Clark Scholars cohort at United Theological Seminary (UTS), an adjunct professor teaching master's-level classes in evangelism, discipleship and church planting with the Global Awakening Theological Seminary (GATS) and an online course facilitator for Global Awakening's Christian Healing Certification Program (CHCP) and Christian Prophetic Certification Program (CPCP).

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## **Messianic Rabbi: Why the Ten**

# Commandments Were All Prophetic

Messianic Rabbi Eric Tokajer says many believers look at the Ten Commandments as God's way of putting limitations on how to live their lives. They see them as sort of a hindrance.

Nothing, Tokajer says, can be further from the truth. Tokajer says the Ten Commandments have a much deeper prophetic meaning than many are aware, and they are more relevant today than when they were first given many millennia ago.

"The Ten Commandments weren't designed to make us miserable, and they weren't given so that we would have restrictions on our lives," Tokajer told Dr. Steve Greene on a recent episode of *Greenelines* on the Charisma Podcast Network. "They're not just arbitrary, and they're not burdensome. Every one of the commandments [was] given so that we would understand the nature and character of God and, ultimately, the nature and character of Yeshua.

"When we look at these commandments, all of them, each one gives us a glimpse into a different facet of the redemptive work that Yeshua did," Tokajer says. "All of them were prophetic, and they fulfilled what Yeshua did for us.

"They were all pointing to Him so that we would recognize Him as Messiah."

For more about Rabbi Eric Tokajer and his book, *What if Everything You Were Taught About the 10 Commandments Was Wrong?*, listen to the entire podcast. {eoa}

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# Chuck Pierce: How to Release God's Blessing Into Your Life

God has given us a wonderful cycle of life”designed to release ever-increasing blessing into our lives. The first key appointed time in this yearly cycle is the Feast of Passover. God's appointed times are also called “biblical feasts” or “the festivals of the Lord.”

To put these key times in perspective, it's helpful to understand what the Bible means when it talks about a feast or festival. In *A Time to Prosper*, Robert Heidler and I share about God's heart for the feasts:

In the Old Testament, several Hebrew words are used to designate God's appointed times. One word used is *mo'ed*, which simply means “an appointed time.” It designates an occasion fixed by divine appointment to meet together for fellowship with God and worship. Another Hebrew word used for one of these special days is *hag*, which is taken from the verb “to dance” and means, “an occasion of joy or gladness.” A third Hebrew word used of a God-appointed time is *hagag*. This word has a variety of meanings:

–To celebrate a special day.

–Rejoicing!

–The festive attitudes and actions of celebrating a feast.

–Wild and unrestrained actions, like the behavior of a drunken person. (It's interesting to note that on Pentecost, the apostles so overflowed with the Spirit that their actions appeared to be those of drunken people.)

-Festive dancing and celebrations, as of a victory over enemies in battle.

From looking at these words, we can begin to get a sense of what holding a festival to the Lord, such as Passover or Tabernacles, was meant to be: a time of rejoicing and celebration with the kind of unrestrained joy you would experience when you were victorious in a battle!

This gives us real insight into the heart of God. God could have designed His appointed times to be times of sorrow. He could have made them times of severe fasting and repentance. That's how some view God. Greek Paganism taught that suffering makes a person holy. This belief, called "asceticism," still affects much of the church today. Many Christians assume God wants them to show their devotion to Him by being miserable. But that's not in the Bible. There are times for fasting and self-denial, but most of God's appointed times are times of feasting! God wants us to know that He desires for His children to enjoy Him and experience His goodness.

Most Christians today know very little about Passover. We don't know what it is or how to celebrate it. If you are not familiar with Passover, here's a one-sentence summary:

Passover is a celebration of redemption and deliverance by the blood of the Lamb.

For the Jews, Passover was a celebration of God's power in setting them free from slavery in Egypt. They had been in bondage, under bitter oppression, but they cried out to God and He delivered them through Passover.

Christians also have a deliverance to celebrate! We have also been in bondage, under the oppression of a cruel enemy: Satan. Passover is a vivid picture of how God delivered us. To understand Passover, it is good to ask, "What was 'passed over' at Passover?" The answer is the Israelites were passed over. The time had come for God's judgment to fall. It would

have fallen on everyone, but God gave the Israelites a way of escape. The key to their rescue was not in an army. It was not in some great, heroic deed, but in a pure, spotless lamb. When the blood of a lamb was placed on their doorposts, God accepted the death of that lamb in place of Israel's firstborn. The angel of death passed over them. Many things happened at Passover.

By the blood of that lamb, Israel was redeemed. The judgment of God was turned away from them. The gods of Egypt were judged, their power broken! Israel was released from oppression and bondage. They were set free to enter God's promise.

Derek Prince once said that the most powerful faith declaration for deliverance is this: "I am redeemed by the blood of the Lamb, out of the hand of the enemy!" He said if you can make that declaration in faith, and keep on making it, something will happen. You will be delivered from the power of the enemy. That's really the message of Passover.

The Feast of Passover is a faith declaration that we are redeemed by the blood of the Lamb. It does something in us when we celebrate Passover. When we come together to remember God's great works of redemption, and declare the power of redemption in our lives, it initiates the release of blessing in our lives! {eoa}

This article was excerpted from Chapter 2 of *The Passover Prophecies* by Chuck Pierce ("First Testing, Then Triumph") (Charisma House, 2020).

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# Messianic Rabbi: Is This the End of the World?

Humanity loves a conspiracy—ever since the Garden of Eden when Satan said in Genesis: “Hey, let me tell you about this conspiracy.”

The serpent said to the woman, “For God knows that on the day you eat of it your eyes will be opened and you will be like God, knowing good and evil” (Gen. 3:5).

Since the beginning of the outbreak of COVID-19, almost every congregational leader I have spoken to has been inundated with questions about conspiracies. Do you think COVID-19 is a biological attack from the Chinese? Is this an attack against the United States by the New World Order? Is this the beginning of the one world government?

The more faulty and ever changing information that has been provided about the virus, the more these conspiracy theories grow in number and in boldness. YouTube and social media is filled with videos of people sharing every conspiracy imaginable and what believers should be doing to prepare to revolt and to fight against each and every one.

I have answered these questions one on one so many times now that I thought I would publicly answer in my blog this week. So, here is my answer. Maybe.

Could the virus, and all of the related issues, be a part of a grand conspiracy leading to a one world government and ultimately what many people call the Battle of Armageddon? Sure, it could. Is it? I don't know and honestly, I don't care.

While that may seem shocking to you, the truth is that whether or not this is the “final conspiracy of all conspiracies” and the end of the world, nothing will change in my message. My goal has never been to keep the status quo or to make sure our world remains intact in its current political and cultural environment.

My goal is to prepare as many people as possible for the world to come. I see many people who claim to be believers in the Bible who are shaking in their boots in fear because “the end is near!” or as Chicken Little used to say, “The sky is falling!” They are stocking up on supplies and ammunition and warning their neighbors that they better do the same thing.

When my congregation members ask me what they should do in response to all the things going on, my answer is simple: pray, fast and share the Good News. I have not found anywhere in the New Testament where we are commanded to spread the message of conspiracies. We were told to share the Good News.

I know the Bible tells us what is going to happen in the end times and that things are going to be bad, but that isn't a conspiracy it openly foretold. It wasn't meant to scare us, but to prepare us. Prepare us for what? Not to build underground shelters, storing massive amounts of food that will last forever. No. Remember in Luke 21:8 when Yeshua (Jesus) warned His followers about coming deceptions? He said, “‘And He said, “Watch out that you are not led astray! For many will come in My name, saying, ‘I am He’ and ‘The time is near!’ Do not follow them” (Luke 21:8, TLV).

Most of the time when teachers share this verse, they focus on the “False Messiah” aspect of the verse and leave off the part about staying away from those who say, “The time is near.” He knew that just as Satan used a conspiracy to deceive Eve, Satan is still using conspiracy theories to deceive and scare G-D's people today.

So, the bottom line is that even if these are the last of the last days—even if this is a vast conspiracy to take over the world—even if we are seeing a one world government coming into power—our response should not be to respond in fear, nor to try to save the world. No! Our response should be to share the Good News and remember what Yeshua also said in Luke 21:28 and 36:

“Now when these things begin to happen, look up and lift up your heads, because your salvation is near!

“ But stay alert at all times, praying that you may have the strength to escape all these things about to happen, and to stand before the Son of Man.” {eoa}

**Eric Tokajer** *is the author of* *Overcoming Fearlessness, What If Everything You Were Taught About the Ten Commandments Was Wrong?, With Me in Paradise, Transient Singularity, OY! How Did I Get Here?: Thirty-One Things I Wish Someone Had Told Me Before Entering Ministry, #ManWisdom: With Eric Tokajer, Jesus Is to Christianity as Pasta Is to Italians and Galatians in Context.*

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**Jonathan Cahn: Is an Ancient  
Mystery Behind the**

# Coronavirus?

*New York Times*' bestselling author Jonathan Cahn reveals a stunning link behind the pandemic that has paralyzed much of the world and specifically America and the words of the prophet Jeremiah—in his explosive new book, *The Harbinger II: The Return*, set for release on Sept.1.

Renowned for his past books illuminating ancient biblical prophecies, Cahn explores an ancient link between the current pandemic and an ancient act in his forthcoming masterpiece, *The Harbinger II*.

Cahn writes, “[Abortion] was legalized across the nation in 1973, but it began in 1970. And for most of the world, from around that time or thereafter. That means that most of those responsible for the killing of the over one billion children [around the world] would still be alive in the year 2020 and so too would be the multitudes who stood by and never acted or spoke a word to prevent it. And those who championed its legalization half a century earlier would be among the oldest of those still living. 2020 would mark the closing of an era.”

Though Cahn writes that there is not one but many causes for any one specific phenomenon, and that a judgment against a civilization does not signify a judgment against individuals who may and will be affected by it—yet the biblical connections are very strong. It can be seen in the nature of the pandemic as well as the timing of its appearance—from the year, the season and the month of its appearance.

It can be seen in the place of its striking, its specific connection to New York state and New York City.

It can be seen in a 50-year biblical mystery that carries with it the principle of restitution.

It can be seen in the exact days of its peaking in specific

areas.

It can even be seen in parallels with biblical references that can only be described as *eerie*.

Judgment can be a haunting proposition to process and understand, but Cahn delicately opens the door for the reader to grasp these revelations and their place in current U.S. and world events. Cahn compares the judgment of the nation of Israel with that of America:

“Israel was consecrated from its birth to the purposes of God,” Cahn writes. “It had known more, been blessed more and thus fallen more. And to whom much is given, much is required. And so Israel was more accountable, and thus its judgment more severe. America was likewise consecrated from its foundation to the purposes of God. And America has, likewise, been given more and so has more greatly fallen.”

The nation that has known God and its blessings but continuously defies and wars against His ways stands in danger of judgment.

“America has not only, by its example, led others into this practice but has killed more children within its borders than have the vast majority of nations. And beyond that, the laws it passed concerning the killing of unborn children are among the most permissive in the world and allow for the even more gruesome killing of children in the latter stages of pregnancy. America was founded after the pattern of ancient Israel. And so if it turns away from God and repeats the ancient act, then judgments that came upon ancient Israel will reappear. And so of all nations of the earth, the plague centered its wrath on America.”

*The Harbinger II: The Return* will stun, shock and reshape how Americans interpret current events, the Bible and the place of the United States in the past, present and future. {eoa}

*Jonathan Cahn is also the author of the massive worldwide hits The Oracle, The Paradigm, The Book of Mysteries and The Mystery of the Shemitah. He was named, along with Billy Graham and Keith Greene, one of the top 40 spiritual leaders of the past 40 years to have radically impacted the world. Called the prophetic voice of this generation, Cahn is a much-sought-after speaker and has been highlighted in The New York Times as well as in many national and international media. He has spoken on Capitol Hill, at the United Nations and to millions of people around the world. Cahn is known for opening the deep mysteries of Scripture and bringing forth messages of prophetic import. He leads Hope of the World ministry, an international outreach of teaching, evangelism and compassion projects for the world's most needy. He also leads the Jerusalem Center/Beth Israel, a worship center made up of Jews and Gentiles, people of all backgrounds, just outside New York City in Wayne, New Jersey. His ministry can be contacted at and Jonathan Cahn Facebook.*

*The Harbinger II: The Return will be released by FrontLine, an imprint of Charisma House, on Sept. 1.*

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## **Chuck Pierce: Don't Let the Devil Steal Your Faith**

My son, Daniel, and his wife, Amber, head up Glory of Zion Jerusalem, and have lived in the Land for 10 years. They have made a significant impact during their decade living in Israel and are now writing a wonderful book on what they have

learned, *Joy in the War*. They have lived through two wars and many dire circumstances in those years. The following account from their new book is enlightening. Daniel shares:

“As human beings, we all have something that triggers our deepest, darkest fears. God used [the events related to COVID-19] in my life to show me how He knows what situations will trigger fear, and how to prepare us even from our youth. He knows those things that the devil might use to destroy our faith or slow us down in our pursuit of everything He has called us to.

A spirit of fear itself is our invisible enemy. If you stop and think of most things that cause fear to start taking hold, you will quickly realize that fear of the unknown is at the root of terror. If the devil has a foothold, he will use our own fear responses to create terror.”

I (Chuck) want to pause here on this important point, which is highly relevant for the situation we are now in as a church. Is it normal to fear an invisible virus that has killed hundreds of thousands around the globe? Yes. The question, therefore, becomes, “Lord, how am I to respond to this fear?” Again, here is Daniel with a wonderful answer:

“Our natural response to fear has to do with the way God designed us, and how we respond to situations that present a hazard. Within God’s grace we act to distance ourselves from danger or take actions that remove a potential threat. God designed us with the ability to hear His voice and discern situations that could push us out from under His covering. I love this passage from Psalm 91 as it reminds us that we dwell in the shelter of the Most High and rest in the shadow of the Almighty:

“Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, ‘He is my refuge and my fortress, my God, in whom I trust.’ Surely he

will save you from the fowler's snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday" (Psalm 91:1-6, NIV).

We will not fear the terror of night nor the pestilence that stalks in darkness. We must allow the Lord to take away our fear of that which exists in darkness. We take our shelter in the presence of the Most High, and the shadow that covers us is not one born of darkness but the shelter of His wings. As I ponder this passage, God also reminds me of the Passover story when the sons of Israel were instructed to take the blood of the sacrificial lamb and place it on the door posts so that death would not visit their first-born. As the Israelites were instructed to take the action of painting the entrances of their homes with blood, God also marked their homes as shelters from the spirit of death that would come by night.

During any crisis we have to ask the Lord how to find our abiding place in Him. We must allow Him to cover us with the grace of His blood. When God speaks, accept the provision of His shelter and allow Him to mark out your boundaries as a refuge.

Don't let the devil give you a spirit of fear when there is a provision for your covering.

Excerpted from Chapter 5 of *The Passover Prophecies* by Chuck Pierce ("First Testing, Then Triumph") (Charisma House, 2020).

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# Why Believers Should Beware Gloom-and-Doom Prophecy

As a Spirit-filled author, speaker and teacher, Pamela Christian warns believers to beware the so-called prophets who spout gloom-and-doom messages about the future. Believers, she says, should not resign themselves to hopelessness and fear about the coming days.

Despite COVID-19 and the chaos, confusion and division taking place in not only America but around the world, she says, true prophets know the real truth and the victory they already have in Jesus Christ. They don't need to speak fear and failure.

"When people talk like that, especially "prophesying," then I have to question it," Christian told Dr. Steve Greene on a recent episode of *Greenelines* on the Charisma Podcast Network. "Jesus said that we will have the end days full of evil, earthquakes and all kinds of situations. But that was just the beginning.

"That was just the birth pains. I've got the Holy Ghost goosebumps going on right now because this is a second chance for the church, *ekklesia*, God's people," Christian says. "This is a second chance for the people worldwide, with America being in a leadership position to get right with God.

"God warns us not so that we focus on the gloom and doom and hide in a cave, but so that we can be equipped. He doesn't want us to suffer. He wants us to repent and do what's necessary to avoid it. So we are in a place of a second chance right now, and I want to be one of the forerunners who are really helping people take charge and be a part of the remnant that makes a difference in our country and in the world for

the kingdom of God.

Christian is the host of the *Faith to Live By* podcast on the Charisma Podcast Network. For more about her ministry, listen to this entire podcast. {eoa}

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# Find Your Significance Amidst the Chaos and Confusion

Americans are tired. We are hearing it over and over.

We're tired from stress, stress levels that are maxed out. Chaos, confusion and crime are the buzzwords of 2020.

Fear, stress and worry fill our headlines and our hearts. Our adrenal systems are on overload, emotions are raw.

Stress-related fatigue is chronic across America.

We must ditch the drama and chide the internal chaos. It is imperative that we learn coping skills that pin stress and anxiety to the mat. We must shift the narrative from negative to positive and from reactive to responsive. Let's turn it around.

## 6 Human Emotional Needs

The six human needs will resource our soul with strength. Tony Robbins is best known for coining the six human needs:

-Certainty: A sense of security, safety and comfort in the world.

-Uncertainty (Variety): A sense of change, interest and adventure.

-Significance: A sense of uniqueness, individuality and being special.

-Love & Connection: A sense of acceptance, belonging and support.

-Growth: A desire to learn, grow and develop.

-Contribution: The desire to give to those around us.

The six emotional needs are profound and have served as a foundation for self-discovery and personal achievement for several decades.

### **The Importance of Human Needs**

Emotions are how we tick. We all have a desire to experience emotional wellness. Understanding these six human needs paves the way for greater emotional health.

When the human needs are active in us, we thrive in our existence.

All six human needs flow through us in different seasons.

When all six needs are operational, a person will live a happier life. Where we lack meeting our emotional needs, we will feel dissatisfied, frustrated—searching for something.

It is crucial to know which of these human needs makes you soar.

### **The Importance of Significance**

Significance is the need to feel special, meaningful and to

feel needed. Everyone has an innate desire for meaning, purpose and direction.

This leads to significance. We are all made different and have unique emotional needs.

Some people find significance by achieving success, buying sizable houses, beautiful cars and joining the country club. Others feel significant by dressing uniquely, counting their Facebook "likes" or tattooing their body.

No one can convince us how significant we are. That comes from within. We call it self-worth. What we think of ourselves is essential.

What we feel about ourselves will determine how we treat others. To know we are loved is to accept ourselves. When we accept ourselves, we experience peace.

When we lose a sense of significance, we lose our emotional balance.

Losing a sense of significance is damaging. It bombards our minds with thoughts and self-destructive behavior can take over.

We turn to substances to make us feel better about ourselves. These substitutes include things like; alcohol, drugs, porn, sex or food.

Searching for significance can turn dark or self-defeating.

"You can feel more significant by achieving something, by building something, by learning something or even by tearing other people down. They are all legitimate ways to fulfill the need for significance. The need for significance can help you achieve more, do more and become the person you desire to be.

Maybe we set our significance on our ability to drink more than our friends. Or perhaps we are significant because we

slept with more girls than anyone we know.

A long-term sense of insignificance is damaging to our emotions. When our significance turns narcissistic, we use our life for the wrong purpose. Therefore, it is vital to discover the human needs that satisfy the soul. Emotional wellness is vital to a well-balanced life.

When the tank of our human needs is full, it is satisfying. We experience an extra skip in our steps. A sense of significance increases our self-esteem and adds confidence. When we are confident and full of life, our relationships are vibrant.

People need us, and we need people. There are days our emotional IQ is on point. There are the other days where we feel alone and insignificant.

We are both needy and needed. A sense of insignificance negatively affects our self-esteem. Behaviors such as timidity and a lack of confidence arrest our personality and negatively affects our emotional response.

The ultimate significance in life comes not from something external, but something internal. It comes from a sense of self-esteem, which is not something we can ever get from someone else. People can tell you you're beautiful, smart, intelligent, the best, or they can tell you that you are the most horrible human being on earth—but what matters is what you think about yourself.

When we capture a sense of our own significance, our life turns epic.

Most people enhance their sense of significance from outside sources or achievements. It's like an emotional feeding tube. That is OK.

But there is a greater way.

For the rest of this article, [click here](#). {eoa}

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## **Prophecy: Sweden's Remnant Can Swing the Nation**

As part of the Awakening Digital World Tour, the Lord is speaking to me in prayer about many nations.

One of our first stops is Sweden, a nation I've ministered in before. In 2018, the Lord spoke to me about an apostolic-prophetic prayer strategy to see revival in Sweden. You can read about that here.

In July 2020, I heard the Lord say:

"There is a remnant in Sweden that can swing the nation toward My plans and purposes. There is a remnant hidden in the outcast churches and even in homes who will not bow to secularism and other "-isms" that are working to erode the foundations of justice in Sweden.

"Cry out now for the remnant to emerge and unite in prayer. For one can put 1,000 to flight and two can put 10,000 to flight. Build your flight team now and watch My Spirit move in response to your cries. I will hear your cries, and I will

heal your land. I will restore the foundations that humanism has eroded. I will bridge the gap among the generations. I will do it at the sound of your voice.

“So rise up now and step up now and stand up now. Look up. Lift your heads and your voice, and the King of glory will come visit you. You will see visitations, outpourings, refreshings and renewals as you repent on behalf of the sins of your land and persist in crying out to Me for My will to be done and My kingdom to come in Sweden as it is in heaven.”

I am praying for Sweden, and many strong intercessors are pressing in. I was encouraged by our meeting.

Will you help bring revival to Sweden? Join the Awakening Prayer Hubs Sweden group and become a prayer hub leader here.  
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