

# Prayer: The New Boiler Room

A nonstop prayer movement is celebrating its 10th anniversary this month. Britain-based 24-7 Prayer has seen its international prayer rooms spawn a creative arts movement, social justice initiatives and modern-day monasteries known as “boiler rooms.” Watch the video below to learn about a boiler room in Ibiza, Spain.

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## Faithful Athletes

Kelly Clark (Snow Boarding)

{youtubejw}0WUAFp5dpM0{/youtubejw}

Chad Hedrick (Speed Skating)

{youtubejw}6sH\_Rur47aA{/youtubejw}

Jarome Iginla (Ice Hockey)

{youtubejw}fnfe-n6cSJs{/youtubejw}

Brock Kreitzburg (Bobsled):

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# Disappointed by Pat Robertson's Statement

✘ In the aftermath of what the Red Cross, United Nations and other agencies now consider the greatest tragedy in the history of our Western Hemisphere—the massive 7.0 earthquake that struck Port-au-Prince, the capital city of Haiti—the reaction by leaders and the common man were predictable.

The immediate response to this incomparable human tragedy by governments, world relief agencies and religious organizations is the only bright spot in this dark episode of human drama. An event like this “natural” disaster could happen anywhere at anytime and reduces us all to simply being human. Tragedies like this graphically remind us of the fragility of our existence on this unstable planet we call Earth.

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## What is God's Will for Your Life?

In my years of service as a pastor, many people have come to me with questions

concerning knowing the will of God for their lives. You may have questions about this as well.

You may ask, "Well, pastor, how do I really know whether this is my will or God's will?" What I always tell people is that the will of God is following the desires of your heart.

You may respond to that by saying:

"Well, pastor, how do I know whether it is my desire or God's desire? How can I tell the difference between the desires I have and those that God gives me?" My answer to that is, "If your heart is pure and you really desire to do the will of God, you don't have to worry about your desires being wrong."

Titus

1:15 says, "Unto the pure all things are pure: but unto them that are defiled and unbelieving is nothing pure; but even their mind and conscience is defiled" (KJV).

The only time you have to be concerned about your desires being wrong is when you are in rebellion, disobedience, lust, or some other type of sin. Then you have to be careful that you don't confuse your desires with God's desires.

People in a sinful spiritual state will twist or pervert God's desires. But as long as you are pure, sincere and open before God, you can trust your desires

because your heart is open to receive the desires of God rather than your own.

One of the primary ways God will lead you is by the desires of your heart. For example. If you are supposed to have a teaching ministry, God will give you the desire to teach. You will have a burning desire to teach. Jeremiah had a prophetic ministry. He was called to give the word of the Lord, and when he tried to suppress it, the desire to prophesy became like fire shut up in his bones.

You need to judge your own heart. If it is found to be pure and you are sincere, then follow the desires of your heart because God will lead you by dropping things into your spirit (that is, your heart). I believe it is the same for getting a rhema word from God.

As long as your heart is right and your motives are pure, you don't need to fear deception. God will always answer those who are pure in heart. "Blessed are the pure in heart: for they shall see God" (Matt. 5:8). God will give you revelation, and He will show you things to come.

Ask God to keep you pure of heart and able to discern a false prophet. You will often know them by their fruits (see Matt. 7:16,20; Luke 6:44). Do not let the existence of counterfeit prophecy deter you from receiving

the real thing. That would be like deciding not to pay for purchases with dollar bills because you have heard that people manufacture counterfeit ones.

There have been many times when I went to a meeting confused about the specifics concerning the will of God for my life. I just did not know how to accomplish what I felt He was telling me to do. I needed to hear God speak to my situation. But because the sermon was "general" in nature, an all-purpose good message, I would leave in the same state in which I came, and I would not have an opportunity to receive prophetic ministry, which is what I needed most.

It wasn't until I started seeking a rhema word from God that I got the direction I needed for my life. You will also get the direction you need for your life if you open up your heart to the word of the Lord through personal prophecy and go to local assemblies where the believers flow accurately in the prophetic gift. Thank God for the gift of prophecy.

Adapted from *God Still*

*Speaks* by John Eckhardt, copyright 2009, published by Charisma House.

Building from a biblical foundation, Eckhardt incorporates his own experiences and those from people in his church to help you understand how to hear and receive the prophetic word of the Lord for you, your family,

church and  
community. To order a copy click on this link:

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## Being Uncomfortably Content

*Meditating on the Bible is one way to find God's peace and contentment. Here are helpful verses taken from the New King James Version.*

"When you reap your harvest in your field, and forget a sheaf in the field, you shall not go back to get it; it shall be for the stranger, the fatherless, and the widow, that the LORD your God may bless you in all the work of your hands."  
–**Deuteronomy 24:19**

Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the LORD your God is with you wherever you go." –**Joshua 1:9**

Whenever I am afraid, I will trust in You. –**Psalms 56:3**

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## What Makes You Happy?

I had to laugh when I read this *USA Today* newspaper headline: "Psychologists now know what makes people happy." I didn't know happiness was a secret to be discovered by my noble profession! Curious, I kept reading. What were

these exciting  
new findings?

If you are a student of the Bible, you won't be surprised.  
Research only validates God's way of doing things.

1. The happiest people are those who spend the least time alone and pursue intimacy and personal growth. When I read this, I immediately thought of Jesus. He was proactive when it came to community. He poured His life into a faithful band of followers and developed an intimate circle of 12 men. And through those men, He established the church. The early church was all about community, intimacy and personal growth.
2. Happy people don't judge themselves by what others do or have. That is, they don't compare themselves with others. The Bible is clear that we are not to measure ourselves by the yardstick of others, only by the Word of God. As we obey God's Word and choose to please Him, blessing and contentment follow.
3. Materialism is toxic for happiness. The parable of the rich young ruler in Matthew bears this out. Despite this man's riches, he wanted something more—eternal life. Jesus stressed the importance of keeping the commandments but told him something more was required. He must sell his possessions and follow

Him. Sadly, the young man chose material possessions over Christ and walked away feeling "sorrowful."

4. Optimism is important, even in dark times. Because of Christ, hope abounds. Jeremiah 32:17 proclaims, "'Ah, Lord God! Behold, You have made the heavens and the earth by Your great power and outstretched arm. There is nothing too hard for You'" (NKJV). In the last chapter of Job, after Job suffers much and has been tested, he cries out, "'I know that You can do everything, and that no purpose of Yours can be withheld from You'" (Job 42:2). Over and over, we are given biblical examples of people who refused to be downtrodden because of circumstances or events. Their hope was in the Lord. The end result is rest and peace.
5. Actions matter. It's not just what you believe or your outlook on life that contributes to happiness. People who give to others and aren't self-absorbed are more satisfied with life. No surprise here. God gave His only begotten Son, the ultimate sacrificial gift. Giving is a biblical principle whether it involves finances, service, food, shelter, time or talent. The result of giving is blessing.
6. Happy people know their strengths and use them. We are stewards of God's

gifts and are to use them for His glory. When you move in those gifts and do what God has equipped you to do, you are happy. Psychologists call this moving in the "flow." People of faith "flow" in the Spirit.

7. People who feel gratitude are happy. We are eternally grateful for Jesus and His sacrifice and for all God has done in our lives. Out of that genuine gratitude flows happiness.

8. The strongest link to happiness is a willingness to forgive others. The benefits of forgiveness are well documented psychologically. And for the believer, forgiveness is not an option; it is a command from Jesus. We forgive others because He forgave us.

The search for happiness will fall short if it doesn't lead to the One in whom contentment can be found. Authentic happiness is unrelated to events, money, power, fame or anything else our culture associates it with. Happiness is a choice, as the Scriptures declare: "Happy are the people who are in such a state. Happy are the people whose God is the Lord" (Ps. 144:15).

This new year, make it a goal to choose happiness by following the guidelines above. Look to God for your satisfaction and learn to trust in His sovereignty and omniscience. Obey Him and believe that He works all things for your good. Remember, His joy is available to

you, and it is that  
which gives you strength.

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## Laugh: The Living Nativity

Could you give your child to die for the sins of the world?

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## Are Tattoos OK for Christians?



We struck a cord with readers in *Charisma's* January 2010 issue when we published *The Dark Side of Tattoos*.

Some Christians disagree with our author and say it's OK to have tattoos.

What do you think? Should Christians get tattoos? Share your opinion below.

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# Keep Your Weight-Loss Resolution

*Did you resolve to lose weight last year, the year before that and the year before that? Did you quit before the flowers bloomed in the spring? We've listed 5 tips to help you achieve  your weight-loss goal once and for all.*

Build exercise into your schedule. Schedule your workout time as if it were an important doctor's appointment. Block out a specific time and make exercise part of your weekly routine. Make sure you choose calisthenics that you'll enjoy. The best exercise is the one you'll do.

Drink more water. Water is the single most important nutrient for our bodies. It is involved in every function of our bodies. You can live five to seven weeks without food, but the average adult can last no more than five days without water. How much water should you drink? Take your weight in pounds and divide it by two. The result is how many ounces of water you should drink daily.

Avoid skipping meals. It may seem like a good way to shed a few pounds, but it is actually harmful to your body. Your metabolism slows down to preserve the carbohydrates and fats still in your body to survive. It's important to eat three meals a day to give your body the vitamins and nutrients it needs to function properly.

Restore your body with sleep. Every night when you go to sleep, your body shuts down and repairs itself. Your immune system recharges. Your major organs are restored. Old cells are being replaced with new ones. Your mind relaxes and orders its thoughts, creating a healthy mental state. A good night's sleep is free. A bad night's sleep is costly, because it takes a toll on your health.

Conquer food cravings. Unhealthy food cravings do require an extra measure of self-control if we are going to conquer them, but be encouraged. Think of healthier alternatives. For instance, instead of a bowl of ice cream, try a scoop of frozen yogurt; instead of potato chips and French onion dip, try baked chips and fresh salsa. While these alternatives might not be ideal, they are a step in the right direction and can help bridge the gap between where you've been and where you want to be with your diet.

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## **Music Video: David and Nicole Binion**

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