

Thanking God While Navigating Life's Storm Seasons

The truth in the old saying, "life comes at you fast," is undeniable, but it can also take on what feels like various forms as it is moving fast.

There are seasons we endure that feel like life is a fast-moving and massive wave in the ocean. It beats us down repeatedly and once we get our head above water, we are hit by the next wave, and the next wave, and this pattern continues for what feels like an eternity.

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Other times life can come at us like an out of control freight train that smashes into our vehicle and completely upends us. Perhaps the death of a loved one or losing job security or any number of events that can turn our world upside down as we flip from the collision that we never saw coming.

In these inevitable moments in life, just ask any Christian leader or mature believer in your life about turbulent seasons and they will confirm they have not just endured one but several. It is imperative to not just turn to the Lord during our times of sorrow, hurt, confusion and stretching, but to praise Him and thank Him in the storm.