

Deliverance Minister: How to Close Doors to Demons Oppressing You

Kathy DeGraw never meant to get involved in deliverance ministry. But 13 years ago, God threw her into what she calls “deliverance boot camp.”

It started when the DeGraw began to notice paranormal activity going on in her church. She knew she had to grow in understanding deliverance and spiritual warfare.

“[We were] hearing music in our registers, in our heater, in our furnace, when there wasn’t even music on,” she says. “We were experiencing things that the normal person doesn’t experience, so that put me on a journey to seek the Lord, not just to seek deliverance but just to seek the Lord and fellowship with the Lord.”

After that intense spiritual battle, DeGraw spent two years on her face before Jesus, worshipping Him and studying His Word. She learned keys to deliverance ministry that she couldn’t have learned from another source.

Over the years, DeGraw has helped countless people break free from demonic oppression. And she’s also noticed several major ways Christians open themselves up to demons.

Listen to the interview to find out how to expose and close those doors in your life.

Christian Artist's Gift of Music Can Soothe Your Depressed Soul

Depression is a serious problem in our culture. In fact, suicide in the U.S. is on the rise, according to the American Foundation for Suicide Prevention—and much of it is linked to depression.

Many even in the body of Christ struggle with depression and, sadly, not many get the help they need. But a Christian music artist named Ben Ferrell has a burden to minister through his music to those struggling.

Ben is a friend and distant cousin of mine from Tulsa, Oklahoma, and he's experienced significant success with his music. He's recorded several videos of songs he's written and played—all of which point back to the Savior. I even shared the audio of one of those videos on my "Strang Report" podcast, which you can listen to [here](#) or in this article.

In this recording, Ben plays some peaceful, soothing music. I found it so relaxing that I listened to it several times.

"If you have been plagued by depression in your life—or maybe you're experiencing a panic attack right now, maybe anxiety-ridden, or maybe you're going through a time in your life when you feel like you don't want to live—I want you to know that I understand," Ben says. "I've been there myself. I want you to know that there's hope."

Ben says he knows that people who are struggling with depression—which he calls a plague in our society—often feel there's no hope. But he says Jesus is right there with any one of His children who is walking through a dark season.

“You’re not alone,” Ben says. “You’re going to get through this. You can overcome this. This does not have to control your life. This does not have to define who you are. You are a beautiful child of God. ... His presence is with you, and will get you through this.”

I encourage you to listen to the podcast to hear Ben’s encouraging words and soothing songs. His heart for the Lord is evident in every note he plays.

If you want to watch the video, visit and click on the video titled “Defeating Depression 2.” You can also visit to learn more about Ben.

If you’re struggling with depression, please know you’re not alone. Don’t be afraid to reach out and ask for help. And of course, if you’re struggling with suicidal thoughts and are in crisis, call 1-800-273-8255 or visit .

I hope Ben’s music encouraged you. If you know someone struggling with depression or anxiety, please share this article with them.

How You Can Enjoy a Countercultural Marriage

One day while watching television sitcoms, Robert and Gloria Stella came to a stark realization. The version of marriage portrayed by the secular media might be the only one many millions of people are influenced by—and it’s not pretty.

Dysfunctional interaction, divorce and apathy toward God’s design for marriage grieved the Stellas’ spirits. Involved in

marriage ministry at Jentezen Franklin's Free Chapel church in Gainesville, Georgia, the couple felt compelled to present marriage in a much more godly light, which led to the writing of their book, *CounterCulture Marriage*.

The Stellas' book covers a wide variety of topics, including respect and security, submission, honesty, arguing, priorities, expectation and appreciation, sex and romance, finances and commitment—all from biblical guidelines.

"All of our concepts are based on the Bible, and they're Spirit-filled," Gloria Stella told Dr. Steve Greene on a recent episode of "Greenelines" on the Charisma Podcast Network. "When we first came up with this idea, we would pull clips from popular TV shows or magazines or the celebrity gossip that was around. We would say, 'This is how culture does it. Now, let's see what God says about it.'

"There's so much conflict between a cultural marriage and a Christ-centered marriage. You need to bring some clarity and some understanding to the scriptural roles that God has given us in marriage. It puts us in perfect unity with the way that God designed us in order to have a healthy marriage."

To find out more how to have a countercultural marriage, listen to the podcast below.

**Paula White Cain Announces
Her Son Will Pastor Her**

Church

Paula White Cain is now the oversight pastor at City of Destiny and her son, Brad Knight, is the senior pastor along with his wife, Rachel. The church, New Destiny Christian Center, is now legally known as City of Destiny.